ZA'ATAR-CRUSTED GRILLING CHEESE

with Sumac Roasted Veggies over Couscous



HELLO ZA'ATAR

This popular Middle Eastern spice blend combines herby thyme, nutty sesame seeds, and tangy sumac.





Red Onion







Israeli Couscous









Sumac

Za'atar

Grilling Cheese (Contains: Milk)

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 530

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Grape Tomatoes

START STRONG

We like using a microplane for zesting citrus. If you don't have one, use a peeler or paring knife to remove just the yellow surface layer from the peel, then finely mince it.

BUST OUT

- Zester
- Small pot
- · Baking sheet
- Large pan
- Large bowl
- Olive oil (4 tsp | 8 tsp)

INGREDIENTS

Ingredient 2-person | 4-person

 Zucchini 112 1|1 Red Onion 111 Lemon Grape Tomatoes 4 oz | 8 oz 1/4 oz | 1/4 oz Cilantro Israeli Couscous 1/2 Cup | 1 Cup Veggie Stock Concentrate 1tsp | 2tsp Sumac · Grilling Cheese 8 oz | 8 oz

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.

Za'atar



1 TBSP | 2 TBSP



PREP Preheat broiler to high or oven to 500 degrees. Wash and dry all produce. Halve **zucchini** lengthwise, then cut into long, thin wedges. Halve and peel **onion**, then cut into 1-inch-thick wedges. Finely mince 1 wedge. Zest lemon until you have 1 tsp, then cut into wedges. Halve tomatoes. Roughly chop cilantro leaves and stems.



COOK COUSCOUS Heat a drizzle of **olive oil** in a small pot over medium-high heat. Add minced onion and couscous. Cook, stirring, until onion is softened and couscous is lightly toasted, 2-3 minutes. Pour in 1 cup water and stock concentrate. Bring to a boil, then lower heat, reduce to a simmer, and cover. Cook until tender, 10-12 minutes.



COOK VEGGIES Toss zucchini and onion wedges on a baking sheet with a large drizzle of olive oil, sumac, salt, and pepper. Broil (or bake), tossing halfway through, until lightly charred, 10-15 minutes.



COOK GRILLING CHEESE Take 4 oz grilling cheese (about half the package; we sent more than needed) and cut into two large slices. Place **za'atar** on a plate. Press cheese into za'atar to evenly coat all over. Heat a drizzle of olive oil in a large pan over medium-high heat (use a nonstick pan if you have one). Add grilling cheese and cook until browned, 2-3 minutes per side.



FINISH COUSCOUS Transfer cooked couscous to a large bowl. Stir in tomatoes, lemon zest, half the roasted veggies, half the cilantro, and a squeeze of lemon juice. Season with salt and pepper.



PLATE AND SERVE Divide couscous between plates. Top with grilling cheese and remaining roasted veggies. Garnish with remaining cilantro. Serve with remaining **lemon wedges** on the side for squeezing over.

SENSATIONAL!

We also love bright, tangy sumac

sprinkled on top of hummus.

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