# THAI-SPICED PORK MEATBALLS

with Yakisoba Noodles and Broccoli



# HELLO -

## THAI SEASONING

Garlic, sesame, and spices create incredible aromas that will have your kitchen smelling heavenly.

CALORIES: 830



Garlic

Thai Chili



Scallions

Broccoli Florets



Lime

**Ground Pork** 









Sesame Oil

Thai Seasoning (Contains: Shellfish)



Yakisoba Noodles (Contains: Wheat, Sov)

Honey

PREP: 10 MIN TOTAL: 35 MIN

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### **START STRONG**

If any of the noodles are stuck together, pull them apart with your hands before boiling.

#### **BUST OUT**

- Large pot
- Medium bowl
- Large pan
- Strainer
- Small bowl

• Thai Chili 🚤

• Oil (4 tsp | 8 tsp)

#### **INGREDIENTS**

Ingredient 2-person | 4-person

• Garlic 2 Cloves | 2 Cloves

• Scallions 2 | 2

1 | 1

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Broccoli Florets
 8 oz | 16 oz

• Lime

• Ground Pork 10 oz | 20 oz

• Thai Seasoning 1tsp | 2 tsp

• Soy Sauce 3 TBSP | 6 TBSP

Honey ½ TBSP | 1 TBSP

Sesame Oil
 1 TBSP | 1 TBSP

• Yakisoba Noodles 8 oz | 16 oz

#### **HELLO WINE**



Wandern Monterey County Grüner Veltliner, 2016

- HelloFresh.com/Wine





**PREP** 

Wash and dry all produce. Bring a large pot of water to a boil. Mince garlic. Finely chop chili, removing ribs and seeds for less heat. Trim, then thinly slice scallions, keeping greens and whites separate. Cut any big broccoli florets into small, bite-size pieces. Halve lime.



2 SHAPE MEATBALLS
Combine pork, scallion whites,
Thai seasoning, half the garlic, and
salt and pepper to taste in a medium
bowl (we used ½ tsp kosher salt). Shape
mixture into 1-inch meatballs (about the
size of a gumball).



STEAM MEATBALLS

Heat a drizzle of **oil** in a large pan over medium-high heat. Add **meatballs** and cook, turning occasionally, until browned all over, 2-4 minutes. Pour 1/4 **cup water** into pan, cover, and let meatballs steam until nearly cooked through, 2-3 minutes. Uncover, reduce heat to low, and let water evaporate.



COOK BROCCOLI
AND MAKE SAUCE

Remove **meatballs** from pan and set aside. Heat another drizzle of **oil** in same pan over medium-high heat. Add **broccoli** and cook, tossing, until tender, 3-4 minutes. (**TIP:** If the broccoli won't soften, add 1 TBSP water to pan.) Season with **salt** and **pepper**. Remove from pan and set aside. Combine ¼ **cup water**, **3 TBSP soy sauce**, ½ **TBSP honey**, and **sesame oil** in a small bowl and set aside (we sent more soy sauce and honey).



COOK NOODLES

Add half the **noodles** from package to pot of boiling water (use the rest as you like). Cook, stirring, until al dente, 2-3 minutes. Drain, then rinse under cold water. Add remaining **garlic**, **chili** (to taste), and a drizzle of **oil** to pan used for broccoli over medium-high heat. Cook until fragrant, 30 seconds. Add noodles and toss to coat.



FINISH AND SERVE

Lower heat under pan to medium and add another drizzle of oil. Add meatballs, broccoli, and soy sauce mixture to pan. Cook, tossing, until combined and sauce clings to noodles, 1-2 minutes. Divide between bowls, then top with scallion greens and squeeze over a bit of lime.

# **INTREPID!**

Think of this as an Asian-style twist on spaghetti and meatballs.

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