

INGREDIENTS

2 PERSON | 4 PERSON







1 TBSP | 1 TBSP Fajita Spice Blend



1 2 Baby Lettuce



1 2 Tomato



1.5 oz | 3 oz Honey Dijon Dressing Contains: Eggs



1.5 oz 3 oz Blue Corn Tortilla Chips

Contains: Sesame

SWEET SOUTHWEST CHICKEN SALAD

with Tomato & Tortilla Chips



TOTAL TIME: 10 MIN

CALORIES: 400



BUST OUT

- · Paper towels · Kosher salt
- 2 Large bowls Black pepper
- · Plastic wrap
- Cooking oil (1 tsp | 1 tsp)

DRY, DRY AGAIN

Thoroughly drying the lettuce and chicken helps the dressing coat the salad, rather than sliding off into the bowl.

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SWEET SOUTHWEST CHICKEN SALAD

with Tomato & Tortilla Chips

INSTRUCTIONS

- Wash and dry produce. TIP: Thoroughly pat lettuce dry before assembling salad.
- Pat chicken dry with paper towels. Thinly slice crosswise into strips and place in a large microwave-safe bowl. Add a drizzle of oil, half the Fajita Spice Blend (all for 4 servings), salt, and pepper; stir to combine.
- Cover with plastic wrap; microwave until chicken is warmed through, 90 seconds.
- Meanwhile, trim and discard root end from lettuce; roughly chop. Dice tomato into ½-inch pieces.
- Place lettuce, tomato, and chicken in a second large bowl; crush half the tortilla chips over top. Drizzle with as much dressing as you like; toss to combine.
- Divide salad between shallow bowls and serve with remaining tortilla chips on the side.