

# SIRLOIN WITH BISTRO CREAM SAUCE plus Roasted Potatoes & Carrot Green Bean Amandine



# = HELLO <del>---</del>

### HERBES DE PROVENCE

This blend of six aromatic herbs, including lavender, is southern France's signature seasoning.

PREP: 10 MIN

TOTAL: 35 MIN

CALORIES: 870



Sirloin Steak

Sliced Almonds



Provence

Yukon Gold

Potatoes

Shallot









Concentrate





Green Beans



Dijon Mustard

Carrots Fry Seasoning

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#### START STRONG

Why do we ask you to cut the carrots into "green-bean-sized pieces" in step 3? This way, the green beans and carrots will cook evenly and at the same pace when roasted.

#### BUST OUT =

- Paper towels
- Large pan
- Baking sheet
- Kosher salt

- Peeler
- Black pepper
- 2 Medium bowls
- Olive oil (5 tsp | 5 tsp)
- Sugar (¼ tsp | ½ tsp)
- Butter (3 TBSP | 6 TBSP)



#### Ingredient 2-person | 4-person

 Sirloin Steak\* 14 oz | 28 oz Yukon Gold Potatoes 16 oz | 32 oz

Frv Seasoning

1 TBSP | 1 TBSP

Shallot

1 | 2

Carrots

6 oz | 12 oz 6 oz | 12 oz

• Green Beans

½ oz | 1 oz

 Sliced Almonds · Beef Stock Concentrate

1 | 2

Diion Mustard

2 tsp | 4 tsp

• Herbes de Provence 1 TBSP | 1 TBSP

Sour Cream

2 TBSP | 4 TBSP





PREP Adjust rack to top position (top and middle positions for 4 servings) and preheat oven to 425 degrees. Wash and dry all produce. Pat steak dry with paper towels: season all over with **salt** and **pepper**. Let sit at room temperature until ready to cook.



4 COAT NUTS & START SAUCE

Meanwhile, melt 1/2 TBSP butter (1 TBSP for 4 servings) in a large, preferably nonstick, pan over medium-high heat. Add almonds; cook, stirring, 2 minutes. Add 1/4 tsp sugar (1/2 tsp for 4) and a pinch of salt. Cook until toasted, 1-2 minutes more. Turn off heat; transfer to a plate. Wipe out pan. In a second medium bowl, combine stock concentrate, mustard, and  $\frac{1}{4}$  cup water ( $\frac{1}{3}$  cup for 4).



**ROAST POTATOES** Cut **potatoes** into ½-inch-thick wedges. Toss on one side of a baking sheet with a large drizzle of olive oil, half the Fry Seasoning, salt, and pepper. Roast on top rack for 5 minutes (you'll add more to the sheet then). (For 4 servings, toss potatoes with all the Fry Seasoning; spread out across entire sheet. Roast, tossing halfway through, 20-25 minutes total.)



COOK STEAK Heat a drizzle of **olive oil** in same pan over medium-high heat. Add **steak** and cook until a crust forms on first side, 3-6 minutes. Flip steak and reduce heat to medium. Add 1/2 tsp Herbes de **Provence** (1 tsp for 4 servings; we sent more) and 1 TBSP butter (2 TBSP for 4). Continue cooking steak to desired doneness, 3-6 minutes more. Turn off heat; transfer to a cutting board to rest. Wipe out pan.



**T** ROAST VEGGIES While potatoes roast, halve, peel, and dice **shallot**. Trim, peel, and halve **carrots** lengthwise, then cut into green-beansized pieces; toss in a medium bowl with green beans, a large drizzle of olive oil, salt, and pepper. Once potatoes have roasted 5 minutes, add carrots and green beans to empty side. (For 4, add to a second sheet.) Roast until potatoes are crispy and veggies are tender, 15-20 minutes more.



6 FINISH SAUCE & SERVE Melt 1/2 TBSP butter (1 TBSP for 4) in same pan over medium heat. Add shallot; cook 1 minute. Add **sauce**: reduce heat to low. Add any **resting juices** from steak. Cook until thickened, 2-3 minutes. Remove pan from heat. Stir in sour cream and 1 TBSP butter (2 TBSP for 4). Slice steak against the grain. Divide steak, potatoes, and veggies between plates. Top steak with sauce. Top veggies with almonds and serve.

### = ONE-TWO CRUNCH =

Try making the sweet and salty Try making the sweet and salty almond topping again for sprinkling over roasted Brussels sprouts.

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<sup>\*</sup> Steak is fully cooked when internal temperature reaches 145 degrees.