

# SIRLOIN STEAK PROVENÇAL





# = HELLO = HERBS DE PROVENCE

This blend of six aromatic herbs is Southern France's signature seasoning.



Sirloin Steak Carrots

Scallions



Shallots





Concentrates



Herbs de Provence



prep: 10 min

TOTAL: 45 MIN

CALORIES: 700

Yukon Gold Potatoes

Sour Cream (Contains: Milk)

6.16F Steak with Roasted Carrots\_PREM\_FAM\_NJ.indd 1

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FAMILY 16

#### START STRONG -

Make this meal a true family feast: let kids help with tasks like seasoning the steak and veggies, mixing the truffle sour cream, and plating the finished dish.

## = BUST OUT =

- PeelerPaper towels
- Baking sheet
- Small bowl
- Olive oil (4 tsp)
- Butter (4 TBSP) (Contains: Milk)

INGREDIENTS	
Yukon Gold Potatoes	24 oz
• Carrots	6
• Sirloin Steak	28 oz
• Scallions	2
• Shallots	2
• Sour Cream	4 TBSP
• Truffle Zest	0.07 oz
Herbs de Provence	2 tsp
Beef Stock Concentrates	2







#### START PREP

Adjust rack to upper position and preheat oven to 425 degrees. **Wash and dry all produce.** Halve **potatoes**, then cut into ½-inch-thick wedges. Trim and peel **carrots**, then cut diagonally into 1-inch pieces. Pat **steak** dry with paper towels, then season all over with **salt** and **pepper**. Let sit at room temperature until ready to cook.



COOK STEAK Pat **steak** again with paper towels. Heat a drizzle of **olive oil** in a large pan over medium-high heat. Add steak and cook on one side until nicely browned, 4-6 minutes. Flip and lower heat to medium. Add **2 tsp Herbs de Provence** (we sent more) and **4 TBSP butter** to pan. Carefully tilt pan toward you. Using a spoon, continually baste steak with herbs and butter until desired doneness is reached, 6-9 minutes.



# ROAST VEGGIES

Place **potatoes** on one side of a baking sheet and **carrots** on other side. Toss each with a drizzle of **olive oil** and a pinch of **salt** and **pepper**, keeping the veggies separate. Roast until browned in spots and tender, about 30 minutes.



### **Z** FINISH PREP

Meanwhile, trim and thinly slice scallions, separating whites from greens. Halve, peel, and finely chop shallots. In a small bowl, stir together sour cream, a drizzle of olive oil, 1 TBSP water, and truffle zest (to taste; start with a pinch and add more from there).



**5** MAKE PAN SAUCE Transfer **steak** to a plate and let rest, keeping any remaining butter in pan. Add **scallion whites** and **shallots** to same pan and place over medium-high heat. Cook, stirring, until softened, 3-4 minutes. Stir in **stock concentrates** and **1/4 cup water**. Let simmer until slightly thickened, about 1 minute. **TIP:** Mix the stock concentrates and water in a small bowl before adding so that they're already combined when they hit the pan.



6 FINISH AND SERVE Thinly slice steak against the grain. Divide steak, potatoes, and carrots between plates. Stir any juices released by steak into pan sauce. Drizzle pan sauce over steak and garnish with scallion greens. Serve with truffle sour cream on the side for dipping.

### = FRESH TALK =

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