

# SAUSAGE AND ROASTED BELL PEPPER PASTA

with Creamy Parmesan Garlic Tomato Sauce



## HELLO -

### **ROASTED GARLIC**

Roasting garlic in foil brings out a caramelized flavor and fills your home with an irresistible aroma.







Gemelli Pasta (Contains: Wheat)



Sour Cream (Contains: Milk)







Parmesan Cheese (Contains: Milk)

PREP: 10 MIN TOTAL: 35 MIN CALORIES: 1070

Garlic

\*Your bell pepper may be orange, yellow, or red. No matter what the color, it will still be delicious!

#### **START STRONG**

Our little chili pepper packs a punch! If you're sensitive to heat, remove the ribs and seeds and wash your hands after handling.

#### **BUST OUT**

- Large pot
- Large pan
- Baking sheet
- Kosher salt
- Aluminum foil
- Black pepper
- Strainer
- Vegetable oil (4 tsp | 6 tsp)
- Olive oil (1 tsp | 1 tsp)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

#### **INGREDIENTS**

Ingredient 2-person | 4-person

Bell Pepper

1 | 2

Chili Pepper

1 | 1

Sweet Italian Pork Sausage\* 9 oz | 18 oz

Garlic

2 Cloves | 4 Cloves

Gemelli Pasta

6 oz | 12 oz

• Tomato Paste

3 TBSP | 6 TBSP

• Sour Cream

2 TBSP | 4 TBSP

• Parmesan Cheese

1/4 Cup | 1/2 Cup



**WINE CLUB** 

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Adjust rack to middle position and preheat oven to 400 degrees. Bring a large pot of **salted water** to a boil. **Wash and dry all produce.** Halve **bell pepper**, then remove and discard core and stem. Thinly slice **chili**, removing ribs and seeds for less heat. Remove **sausage** from casings; discard casings.



Heat a drizzle of olive oil in a large pan over medium-high heat.

Add sausage and cook, breaking up meat into pieces, until browned and cooked through, 6-8 minutes. Pour out and discard any excess fat from pan. If desired, stir in a pinch of chili; cook 15 seconds. Add tomato paste and ½ cup reserved pasta cooking water (¾ cup for 4 servings). Simmer until thickened, about 2 minutes. Turn off heat.



Prizzle bell pepper halves with oil, salt, and pepper; place cut sides down on a lightly oiled baking sheet. Place garlic cloves on a small piece of foil and drizzle with oil, salt, and pepper; cinch into a packet and place on baking sheet. Roast until bell pepper begins to char and garlic softens, 20-25 minutes.



Transfer roasted bell pepper halves to a cutting board; thinly slice. Remove roasted garlic cloves from foil; transfer to cutting board and gently mash with a fork. Return pan with sauce to low heat. Add mashed garlic and stir to combine. Stir in sliced bell pepper, gemelli, sour cream, 2 TBSP butter (4 TBSP for 4 servings), and half the Parmesan. (TIP: If sauce seems dry, stir in a splash of remaining reserved cooking water.) Season with salt and pepper.



COOK PASTA
Once water is boiling, add gemelli
to pot. Cook until al dente, 9-11 minutes.
Reserve 3/4 cup pasta cooking water
(1½ cups for 4 servings), then drain.



**SERVE**Divide **pasta** between bowls.

Sprinkle with remaining **Parmesan** and, if desired, a pinch of remaining **chili**.

## **VEG OUT! -**

For a vegetarian version, swap out the sausage for more cooked veggies like mushrooms or zucchini.

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