

ROASTED PORK TENDERLOIN

with Lemony Potatoes and Zucchini



HELLO -

LEMONY POTATOES

A squeeze of citrus adds instant sunshine to tender roasted spuds.



Yukon Gold Potatoes





Zucchini





Pork Tenderloin







PREP: 10 MIN TOTAL: 30 MIN CALORIES: 550

Red Onion

Cilantro

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START STRONG

Don't forget to turn the pork periodically as it sears in the pan. You want to brown it on all sides, which will ensure that the meat cooks evenly and is perfectly delicious throughout.

BUST OUT

- · 2 Baking sheets
- Paper towels
- Large pan
- Kosher salt
- Black pepper
- Olive oil (1 TBSP | 1 TBSP)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

Yukon Gold Potatoes
 Red Onion
 12 oz | 24 oz
 12 oz | 24 oz

rea Onion

• Garlic 2 Cloves | 2 Cloves

• Lemon 1 | 1

• Zucchini 1 2

• Cilantro 1/4 oz | 1/4 oz

• Pork Tenderloin* 12 oz | 24 oz

Chicken Demi-Glace
 1 | 2

* Pork is fully cooked when internal temperature reaches 145 degrees.

WINE CLUB

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Adjust rack to top and middle positions and preheat oven to 450 degrees. Wash and dry all produce. Dice potatoes into ½-inch pieces; toss on a baking sheet with a drizzle of olive oil and a pinch of salt and pepper. Roast on top rack, tossing halfway through, until

browned and tender, 20-25 minutes.



4 ROAST PORK AND VEGGIES

Transfer **pork** to baking sheet with **onion** and **zucchini**. Roast on middle rack until veggies are tender and pork is cooked through, 12-15 minutes. Let pork rest for 5 minutes after removing from oven. **TIP:** If veggies finish cooking first, remove from sheet and continue cooking pork.



PREP
Meanwhile, halve, peel, and dice
onion into ½-inch pieces. Mince or grate
garlic. Halve lemon. Trim and halve
zucchini lengthwise, then slice crosswise
into ½-inch-thick half-moons. Roughly
chop cilantro. Toss onion and zucchini
on one side of a second baking sheet
with a drizzle of olive oil and a pinch of
salt and pepper. Set aside.



Make Pan sauce
Meanwhile, melt 1 TBSP butter
(2 TBSP for 4 servings) in pan used for pork over medium heat. Add garlic and cook until fragrant, 1-2 minutes. Stir in demi-glace and ½ cup water (¾ cup for 4), scraping up any browned bits from bottom of pan. Simmer until thickened, 3-4 minutes. Remove pan from heat. Season with pepper and a squeeze of lemon juice.



SEAR PORK
Pat pork dry with paper towels;
season all over with salt and pepper.
Heat a drizzle of olive oil in a large pan
over medium-high heat. Add pork and
cook, turning occasionally, until browned
all over, 4-8 minutes total (it'll finish
cooking in the next step). Turn off heat.



Divide potatoes, onion, and zucchini between plates. Season with salt and pepper. Squeeze a bit of lemon juice over to taste. Slice pork crosswise, then arrange on top of potatoes and veggies. Drizzle with pan sauce and garnish with cilantro.

EXTRA MILE

Have some flaky sea salt on hand you've been dying to try? We love it sprinkled on these roasted veggies for a bright, crunchy pop.

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