



Roast Beef and Redcurrant Gravy

with Roast Potatoes, Blue Cheese Celeriac Gratin and Chorizo Savoy Cabbage

ROAST Hands on Time: 60 Minutes • Total Time: 90 Minutes • 1.5 of your 5 a day

Nº 20



Potato



Rosemary



Plain Flour



Beef Roasting Joint



Celeriac



Panko Breadcrumbs



Half Fat
Creme Fraiche



Blue Cheese



Butter



Red Wine Stock Pot



Redcurrant Jelly



Diced Chorizo



Shredded Savoy
Cabbage

Before you start

Our fruit, veggies and herbs need a wash before you use them!

Basic cooking tools you will need:

Two Large Saucepans, Two Large Roasting Trays, Colander, Ovenproof Dish, Medium Saucepan, Measuring Jug and a Frying Pan

Ingredients

	2P	3P	4P
Potato**	900g	1.15kg	1.4kg
Rosemary**	1 bunch	1 bunch	1 bunch
Plain Flour 13)	24g	36g	48g
Beef Roasting Joint**	450g	675g	900g
Celeriac 10 **	½	¾	1
Panko Breadcrumbs 13)	25g	50g	50g
Half Fat Creme Fraiche 7 **	150g	225g	300g
Blue Cheese 7 **	1 pot	1½ pots	2 pots
Butter 7 **	30g	45g	60g
Water for the Gravy*	400ml	600ml	800ml
Red Wine Stock Pot 14)	1 pot	1½ pots	2 pots
Redcurrant Jelly	1 pot	1½ pots	2 pots
Diced Chorizo 7 **	60g	90g	120g
Shredded Savoy Cabbage**	1 bag	1½ bags	2 bags

*Not Included ** Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredients	1102g	100g
Energy (kJ/kcal)	5571/1332	506/121
Fat (g)	64	6
Sat. Fat (g)	33	3
Carbohydrate (g)	117	11
Sugars (g)	16	2
Protein (g)	75	7
Salt (g)	4.66	0.42

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk **10**) Celery **13**) Gluten **14**) Sulphites

Wash your hands before and after handling ingredients. Wash fruit, vegetables and herbs; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods or wash these thoroughly in-between uses.

Boxes and ingredients are packed in facilities that handles Peanut, Nuts, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten and Sulphites.

Contact

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HelloFresh UK
The Fresh Farm
60 Worship St, London EC2A 2EZ

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Packed in the UK



1. Prep the Potatoes

Bring 2 large saucepans of **water** to the boil with ¼ of **salt** in each (one for the potatoes, one for the celeriac). Preheat your oven to 200°C. Pour a large glug of **oil** into a large roasting tray. Pop it onto the top shelf of your oven to warm up. Peel the **potatoes** and chop into 4cm chunks. Add them to one of the pans of boiling **water** and cook for 7-8 mins or until the edges have softened when you poke them with a knife. Meanwhile, pull the **rosemary leaves** off the stalks and roughly chop (discard the stalks).



4. Prep the Celeriac

Peel the **celeriac** and chop into 2cm chunks. Add the **celeriac** to the other pan of boiling **water** and simmer until tender, 12-15 mins. **TIP: The celeriac is cooked when you can easily slip a knife through.** Mix the **breadcrumbs** with a drizzle of **oil** and season with **salt** and **pepper**. Once cooked, drain in a colander, return to the pan and add the **creme fraiche** and **blue cheese**. Pop onto medium heat, stir and cook until the **creme fraiche** has come to the boil, then remove from the heat. Season to taste. Pour into a small ovenproof dish, sprinkle over the **breadcrumbs** and bake in your oven until bubbling and slightly golden on top, 20 mins.



2. Roast!

Once the **potatoes** are ready, drain in a colander, pop back into the pan then sprinkle on the **rosemary** and **half** the **flour**. Give your pan a shake to fluff up the **potato**. Take your hot baking tray out of your oven, carefully transfer your **potatoes** onto it in a single layer, turning in the **oil**. Season with a pinch of **salt**. Roast the **potatoes** on the top shelf of your oven until golden, 45-50 mins, turn halfway through. **TIP: If the potatoes are cooked before everything else is ready, turn your oven off and leave the potatoes on the bottom shelf to keep warm.**



5. Make the Gravy

Meanwhile, put a medium sized saucepan on medium-high heat and add **half** the **butter**. Allow the **butter** to melt, then stir in the remaining **flour** to create a smooth paste. You've made a roux! Cook, stirring until the **roux** is a medium brown colour and gradually stir in the **water** (see ingredients for amount), **red wine stock pot** and **redcurrant jelly**. Bring to the boil, carefully stirring out any lumps that form. Lower the heat and simmer until the **gravy** has thickened to your liking, 15-20 mins. Add a splash of **water** if necessary.



3. Roast the Beef

Meanwhile, season the **beef** with **salt** and **pepper** and transfer to a roasting tray. Roast the **beef** on the middle shelf of your oven for **2p: 35 mins 3p: 45 mins 4p: 55 mins** (depending on size) for medium rare. Add an extra 5 mins if you like your **beef** more cooked. **IMPORTANT: Wash your hands after handling raw meat.** Once cooked, rest the **beef** wrapped loosely in foil for at least 10 mins before slicing. **IMPORTANT: The beef is safe to eat when the outside is no longer pink**



6. Finish up

Pop one of your saucepans back on medium heat (no need to wash). Add the remaining **butter**, allow to melt then add the **chorizo**. Stir-fry until the **chorizo** is browned, 2-3 mins. Add the **savoy cabbage** and stir-fry until softened, 4-5 mins. Taste and add **salt** and **pepper** if you feel it needs it. Remove from the heat. Once everything is ready (reheat the gravy and cabbage if you need to), thinly slice the beef and arrange on plates. Serve the **veggies** and **potatoes** alongside. Add any **beef resting juices** or some **water** to the **gravy** to loosen it up if necessary, spoon over.

Enjoy!