

## RIB-EYE STEAK BÉARNAISE

with Rosemary Potatoes and Asparagus



## = HELLO <del>---</del>

### BÉARNAISE-STYLE SAUCE

Tarragon and white wine vinegar bring classically French flavors.



TOTAL: 40 MIN

CALORIES: 860



Fingerling Potatoes



Rosemary



Shallot



Tarragon



Asparagus



Rib-Eye Steak



White Wine Vinegar



Beef Stock Concentrate

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#### START STRONG =

Rosemary and tarragon both have strong, assertive herby flavors. Feel free to use them to taste on the potatoes and in the sauce.

#### BUST OUT =

- · Baking sheet
- Medium pan
- Paper towel
- Oil (1 TBSP | 2 TBSP)
- Butter (2 TBSP | 4 TBSP) (Contains: Milk)

#### INGREDIENTS =

Ingredient 2-person | 4-person

Fingerling Potatoes
Rosemary
12 oz | 24 oz
4 oz | 4 oz

• Shallot

• Tarragon  $\frac{1}{4}$  oz  $\frac{1}{2}$  oz

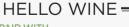
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Asparagus
 8 oz | 16 oz

• Rib-Eye Steak 12 oz | 24 oz

White Wine Vinegar 5 tsp | 10 tsp

• Beef Stock Concentrate 1 | 2



PAIR WITH

Lorem Ipsum Monterey County Red Blend. 2015

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PREHEAT AND PREP Wash and dry all produce. Preheat oven to 425 degrees. Halve potatoes lengthwise. (TIP: Quarter any large ones so they cook evenly.) Strip and finely chop enough rosemary from stems to give you 1 TBSP. Toss potatoes, rosemary, and a drizzle of oil on a baking sheet. Season with salt and pepper.



After **potatoes** have roasted for 10 minutes, remove from oven and toss, pushing toward one side of baking sheet. Add **asparagus** to other side of sheet, toss with a drizzle of **oil**, and season with **salt** and **pepper**. Return sheet to oven and continue roasting until asparagus is tender and lightly browned and potatoes are done, 10-15 minutes.



# **2** ROAST POTATOES AND PREP VEGGIES

Roast **potatoes** in oven until browned, about 25 minutes total (we'll add more to the sheet after 10 minutes). Halve, peel, and finely chop **shallot**. Pick and roughly chop enough **tarragon** leaves from stems to give you 1 TBSP. Trim woody bottom ends from **asparagus**.



Add shallot to pan used for steak.

Cook, tossing, until starting to soften,

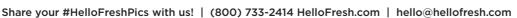
1-2 minutes. Pour in vinegar, scraping up any browned bits on bottom of pan.

Add chopped tarragon and cook until vinegar evaporates, about 1 minute.

Stir in stock concentrate and ½ cup water. Bring to a boil, then lower heat and let simmer until reduced by half,

2-3 minutes. Remove from heat. Stir in

2 TBSP butter. Season with salt and pepper.





COOK STEAK
Heat a drizzle of oil in a medium pan
over medium-high heat. Pat steak dry
with a paper towel and season all over
with salt and pepper. Add to pan and
cook to desired doneness, 3-6 minutes
per side. Remove from pan and set aside
to rest. Reduce heat to medium-low.



FINISH AND PLATE
Slice steak against the grain.
Divide potatoes, asparagus, and steak
between plates. Spoon sauce over steak
and serve.

#### EXQUISITE! =

Look for Falksalt Wild Garlic Crystal Flakes in your box to make your next meal a masterpiece. FALKSALT

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