PROSCIUTTO-WRAPPED CHICKEN

over Truffled Mushroom Risotto



= HELLO = TRUFFLE RISOTTO

A drizzle of truffle oil adds instant luxury to creamy grains of arborio rice.

PREP: 5 MIN

TOTAL: 50 MIN

CALORIES: 880



Chicken Stock Concentrates

Scallions



Button Mushrooms



Chicken Breasts

Prosciutto







Parmesan Cheese (Contains: Milk)



Garlic Herb Butter (Contains: Milk)



Truffle Oil

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Arborio Rice

START STRONG

Risotto needs a little attention to become perfectly creamy. Don't forget to check in on it and stir while it simmers, adding stock in intervals along the way.

BUST OUT

- Medium pot
- 2 Large pans
- Paper towels
- Medium pan

Scallions

• Olive oil (1 TBSP | 2 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

 Chicken Stock Concentrates 2 | 4

4 oz | 8 oz • Button Mushrooms

3/4 Cup | 11/2 Cups · Arborio Rice

12 oz | 24 oz Chicken Breasts*

 Prosciutto 2 oz | 4 oz

1 | 2 Lemon

2 TBSP | 4 TBSP Garlic Herb Butter

1/4 Cup | 1/2 Cup · Parmesan Cheese

· Truffle Oil 5 tsp | 10 tsp

* Chicken is fully cooked when internal temperature reaches 165 degrees.

WINE CLUB

Pair this meal with a HelloFresh Wine matching this icon.







PREP Adjust rack to middle position and preheat oven to 400 degrees. Bring 4 cups water and stock concentrates to a boil in a medium pot. Once boiling, reduce heat to low. Wash and dry all produce. Trim and thinly slice **scallions**, separating whites from greens. Trim mushrooms, then cut into 1/4-inch-thick slices.



COOK CHICKEN

Heat a drizzle of olive oil in a second large pan over medium-high heat (use an ovenproof pan if you have one). Add wrapped chicken to pan and sear until browned, about 2 minutes per side. Transfer pan to oven and roast until no longer pink in center, about 15 minutes. Let rest a few minutes, then slice crosswise. (TIP: If your pan isn't ovenproof, transfer chicken to a small baking dish before putting in oven.)



START RISOTTO Heat a drizzle of **olive oil** in a large pan over medium heat. Add scallion whites. Cook, tossing, until softened, 1-2 minutes. Add rice and cook, stirring, until translucent, 1-2 minutes. Add **stock** ½ cup at a time, stirring after each addition. Allow rice to absorb most of the stock before adding more. Continue until al dente and creamy, 30-35 minutes.



FINISH RISOTTO Meanwhile, quarter **lemon**. Heat a drizzle of olive oil in a medium pan over medium-high heat. Add mushrooms and season with salt and pepper. Cook, tossing, until tender, 4-7 minutes. Once mushrooms are done, stir into risotto along with garlic herb butter, half the Parmesan, a squeeze of lemon juice, and any juices released by chicken. Season with salt, pepper, and more lemon (to taste).





Z PREP CHICKEN Meanwhile, pat **chicken** dry with paper towels. Lay two slices of **prosciutto** beside each other on a flat surface. Tightly roll prosciutto around chicken. Repeat with another two slices of prosciutto and other chicken breast (you may have some prosciutto left over; use the rest as you like).



6 PLATE AND SERVE Divide risotto between plates and sprinkle with scallion greens and remaining Parmesan. Top with chicken. Drizzle with truffle oil (to taste). Serve with any remaining **lemon wedges** on the side for squeezing over.

IMPRESSIVE! =

Drizzle any leftover truffle oil on eggs, potatoes, pasta, or roasted veggies for a luxurious touch.