

**PROSCIUTTO-WRAPPED CHICKEN** over Truffled Mushroom Risotto



# = HELLO • **TRUFFLE RISOTTO**

A drizzle of truffle oil adds instant luxury to creamy grains of arborio rice.



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Concentrates

Arborio Rice







Parmesan Cheese (Contains: Milk)



PREP: 5 MIN

TOTAL: 50 MIN CALORIES: 870

Garlic

Baby Portobello Mushrooms

Shallot

Chicken Breasts

Lemon

Truffle Oil Garlic Herb Butter

(Contains: Milk)

Chives

#### START STRONG -

Take it easy with the truffle oil—a little bit goes a long way. You may not use all of it; drizzle the rest on salads, pasta, or (if you're feeling lavish) French fries.

#### BUST OUT =

- Medium pot
- 2 Large pans
- Paper towel
- Medium pan
- Olive oil (1 TBSP | 2 TBSP)

INGREDIENTS		
Chicken Stock Concentrates 2   4		
• Garlic	2 Cloves   2 Cloves	
• Shallot	1   2	
• Baby Portobello Mushrooms 4 oz   8 oz		
• Arborio Rice	3/4 Cup   11/2 Cups	
Chicken Breasts	12 oz   24 oz	
• Prosciutto	2 oz   4 oz	
• Lemon	1   2	
Chives	¼ oz   ¼ oz	
• Garlic Herb Butter	2 TBSP   4 TBSP	
• Parmesan Cheese	¼ Cup   ½ Cup	
• Truffle Oil	2 TBSP   4 TBSP	

	HELLO WINE
	PAIR WITH
The Boardwalk Clarksburg	
California Chardonnay, 2015	
	HelloFresh.com/Wine





**1** PREHEAT AND PREP Wash and dry all produce. Preheat oven to 400 degrees. Bring **4 cups water** and **stock concentrates** to a boil in a medium pot. Once boiling, reduce heat to low. Meanwhile, slice **garlic** as thinly as possible. Halve, peel, and mince **shallot**. Trim **mushrooms**, then cut into 1/4-inch-thick slices.



## COOK CHICKEN Heat a drizzle of **olive oil** in another large pan over medium-high heat (use an ovenproof pan if you have one). Add wrapped **chicken** to pan and sear until browned, 2 minutes per side. Transfer pan to oven and roast until no longer pink in center, about 15 minutes. Let rest a few minutes, then slice crosswise. **TIP:** If your pan isn't ovenproof, transfer chicken to a small baking dish before putting in oven.



## 2 START RISOTTO Heat a drizzle of olive oil in a large pan over medium heat. Add shallot and garlic. Cook, tossing, until softened, 1-2 minutes. Add rice and cook, stirring, until translucent, 1-2 minutes. Add stock ½ cup at a time, stirring after each addition. Allow rice to absorb most of the stock before adding more. Continue until al dente and creamy, 30-35 minutes.



**5**FINISH RISOTTO Heat a drizzle of **olive oil** in a medium pan over medium-high heat. Add **mushrooms** and season with **salt** and **pepper**. Cook, tossing, until tender, 4-7 minutes. Cut **lemon** into wedges. Mince **chives**. Once mushrooms are done, stir into risotto along with **herb butter**, half the **Parmesan**, half the chives, a squeeze of lemon, and any **juices** from chicken. Season with salt, pepper, and more lemon (to taste).

### **3**PREP CHICKEN Pat chicken dry with a paper towel. Lay 2 slices of prosciutto beside each other on a flat surface. Tightly roll prosciutto around chicken. Repeat with another 2 slices of prosciutto and other chicken breast (you may have some prosciutto left over; use the rest as you like).



6 PLATE AND SERVE Divide risotto between plates and sprinkle with remaining **Parmesan** and **chives**. Top with **chicken**. Drizzle with **truffle oil** (to taste). Serve with any remaining **lemon** on the side.

> IMPRESSIVE! Use a compound butter

Use a compound butter like the one here to jazz up veggies, seafood, and starches. VK 39 NJ-11

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