

HALL OF FAME

# PORK SAUSAGE SPAGHETTI BOLOGNESE

with Zucchini Ribbons & Parmesan



# HELLO -

### **HALL OF FAME**

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!



TOTAL: 25 MIN CALORIES: 840



Garlic

Spaghetti (Contains: Wheat)



Zucchini



Tuscan Heat



Parmesan Cheese (Contains: Milk)



Marinara Sauce

11.4 PORK SAUSAGE SPAGHETTI BOLOGNESE\_NJ.indd 1 2/20/20 12:36 PM

Italian Pork

Sausage

#### START STRONG

Our preferred technique for removing sausage casing, as you will in step 3? Using the tip of your knife, make a shallow slit along the length of the sausage, then peel away and discard the casing.

#### **BUST OUT**

- Large pot
- Kosher salt
- Peeler
- Black pepper
- Strainer
- Large pan
- Olive oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP)



Ingredient 2-person | 4-person

 Garlic 1 Clove | 2 Cloves

1 | 2 Zucchini

6 oz | 12 oz Spaghetti

• Italian Pork Sausage\* 9 oz | 18 oz

Tuscan Heat Spice 1TBSP | 2 TBSP

Marinara Sauce

14 oz | 28 oz

· Parmesan Cheese 1/4 Cup | 1/2 Cup





PREP Bring a large pot of salted water to a boil. Wash and dry all produce. Peel and mince **garlic**. Trim ends from zucchini. Using a peeler, shave zucchini lengthwise into thin ribbons, rotating as you go, until you get to the seedy core; discard core.



**COOK PASTA** Once water is boiling, add spaghetti to pot. Cook until al dente, 9-11 minutes. Reserve ½ cup pasta cooking water (1 cup for 4 servings), then drain.



**COOK SAUSAGE** While pasta cooks, remove sausage from casing; discard casing. Heat a drizzle of **olive oil** in a large pan over medium-high heat. Add sausage and cook, breaking up meat into pieces, until browned and cooked through, 4-6 minutes. Stir in garlic and Tuscan Heat **Spice**; cook until fragrant, 30 seconds.



SIMMER SAUCE Add marinara to pan with sausage mixture, then reduce heat to medium. Simmer until flavors meld and sauce is slightly reduced, 3-4 minutes.



**TOSS PASTA** Add spaghetti, 1/4 cup reserved pasta **cooking water** (½ cup for 4 servings), and 1 TBSP butter (2 TBSP for 4) to pan with sauce. Toss to thoroughly combine. Separate zucchini ribbons with your hands, then stir into pasta until slightly softened, 1-2 minutes. Taste and season with salt and pepper. TIP: If needed, stir in more reserved pasta cooking water a splash at a time until spaghetti is thoroughly coated in sauce.

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Divide pasta between bowls; top with **Parmesan** and serve.

## GADZUKES

Try zucchini ribbons tossed with a simple dressing of olive oil, lemon juice, salt, and pepper for an easy, no-cook side.

<sup>\*</sup> Pork Sausage is fully cooked when internal temperature reaches 160 degrees.