

#### INGREDIENTS 2 PERSON | 4 PERSON 2 2 1 Clove | 2 Cloves 2 4 Chicken Stock Scallions Garlic Concentrates 9 oz | 18 oz 1 2 1 1 Bell Pepper\* Lemon Italian Pork Sausage Mix 34 Cup | 11/2 Cups 1 TBSP | 1 TBSP 3 TBSP | 6 TBSP Arborio Rice Italian Seasoning Parmesan Cheese **Contains: Milk**



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

\*The ingredient you received may be a different color.



# HelloCustom

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



9 oz | 18 oz

Sausage Mix

G Calories: 870



10 oz 20 oz Ground Turkey

#### G Calories: 810

# **PORK SAUSAGE & BELL PEPPER RISOTTO**

with Parmesan & Lemon



PREP: 5 MIN COOK: 45 MIN CALORIES: 870



# HELLO

## **BELL PEPPER**

Roasting brings out a slightly smoky, caramelized flavor in this sweet veg.

# **STIR THINGS UP**

Risotto needs a little attention to become creamy and evenly tender. Don't forget to check in on it and stir while it simmers, adding stock in intervals along the way.

## **BUST OUT**

- Medium pot
   Paper towels
- Large pan
   Baking sheet
- Slotted spoon
- Kosher salt
- Black pepper
- Olive oil (4 tsp | 4 tsp)
- Butter (2 TBSP | 3 TBSP)
   Contains: Milk

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\*Pork Sausage is fully cooked when internal temperature reaches 160°.

- \*Chicken Sausage is fully cooked when internal temperature reaches 165°.
- \*Ground Turkey is fully cooked when internal temperature reaches 165°.



### **1 SIMMER STOCK & PREP**

- Adjust rack to top position and preheat oven to 425 degrees. Wash and dry produce.
- In a medium pot, combine stock concentrates and 4 cups water (7 cups for 4 servings). Bring to a simmer, then reduce heat to low.
- Trim and thinly slice **scallions**, separating whites from greens. Peel and mince or grate **garlic**. Halve, core, and slice **bell pepper** into ½-inch-thick strips. Quarter **lemon**.



#### 2 COOK SAUSAGE

- Heat a large drizzle of olive oil in a large pan over medium-high heat. Add sausage\* and cook, breaking up meat into pieces, until browned and cooked through, 4-6 minutes.
- Turn off heat. Using a slotted spoon, transfer sausage to a paper-towellined plate, leaving as much **oil** in pan as possible.
- Swap in chicken sausage\* or
  turkey\* for pork sausage.



### **3 START RISOTTO**

- Heat pan with reserved oil over medium heat; add scallion whites, garlic, rice, and ½ tsp Italian
   Seasoning (1 tsp for 4 servings). (You'll use more Italian Seasoning later.)
   Cook, stirring, until scallion whites are softened and rice is translucent,
   1-2 minutes. TIP: If pan seems dry, add another drizzle of olive oil.
- Add ½ cup stock; stir, scraping up any browned bits from bottom of pan, until liquid has mostly absorbed.



# **4 FINISH RISOTTO**

 Repeat process with remaining stock—adding ½ cup at a time and stirring until liquid has mostly absorbed—until rice is al dente and mixture is creamy, 25-30 minutes. TIP: Depending on the size of your pan, you may need a little more or a little less liquid.



#### **5 ROAST BELL PEPPER**

- While risotto simmers, toss bell pepper on a baking sheet with a large drizzle of olive oil and 1 tsp Italian Seasoning (1½ tsp for 4 servings). (Use the rest of the Italian Seasoning as you like.) Season with salt and pepper.
- Roast on top rack until softened and lightly charred, 15-20 minutes.



# 6 FINISH & SERVE

- Once risotto is done, stir in sausage, roasted bell pepper, half the Parmesan, and 2 TBSP butter (3 TBSP for 4 servings). Add a squeeze of lemon juice to taste and season with salt and pepper.
- Divide between bowls and sprinkle with **scallion greens** and remaining Parmesan. Serve with any **remaining lemon wedges** on the side.
- Stir in chicken sausage or turkey
- long with **roasted bell pepper**.