



PAN-SEARED DUCK BREASTS

with Duck-Fried Potatoes, Asparagus, and Grape Tomatoes



HELLO
PAN-SEARED DUCK
 Crisped in the pan to bring out its ultra-rich flavor

PREP: 5 MIN | TOTAL: 35 MIN | CALORIES: 620



Fingerling Potatoes



Chives



Grape Tomatoes



Asparagus



Duck Breasts



Chicken Demi-Glace
 (Contains: Milk)

START STRONG

You can score (make shallow slits in) the duck skin before adding it to the pan to allow the fat to render more quickly.

BUST OUT

- Medium pot
- Strainer
- Paper towel
- Large pan
- Butter (2 TBSP | 4 TBSP)
(Contains: Milk)

INGREDIENTS

Ingredient **2-person** | **4-person**

- Fingerling Potatoes **12 oz** | **24 oz**
- Asparagus **6 oz** | **12 oz**
- Chives **¼ oz** | **¼ oz**
- Duck Breasts **12 oz** | **24 oz**
- Grape Tomatoes **4 oz** | **8 oz**
- Chicken Demi-Glace **1** | **2**

HELLO WINE



PAIR WITH

Chasseur de Cailloux
Côtes du Rhône Rouge, 2016

[HelloFresh.com/Wine](https://www.hellofresh.com/wine)

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1 BOIL POTATOES AND PREP
Wash and dry all produce. Cut **potatoes** in half. Place in a medium pot with enough **salted water** to cover by 1 inch. Bring to a boil and cook until easily pierced by a knife, about 15 minutes. Drain well and return to pot. Meanwhile, trim off and discard bottom woody ends from **asparagus**. Mince **chives**. Pat **duck** dry with a paper towel.



4 COOK VEGGIES
While potatoes cook, add **asparagus**, **tomatoes**, and a drizzle of **duck fat** to pan used for duck over medium-high heat. Cook, tossing occasionally, until asparagus is lightly browned and tender and tomatoes burst, 3-5 minutes. Season with **salt** and **pepper**. Remove from pan and transfer to a plate.



2 COOK DUCK
Season **duck** generously with **salt** and **pepper**, then place skin-side down in a large pan. Cook over medium heat until skin is crisp and most of the fat has rendered, 10-15 minutes, pouring off and reserving **fat** as it renders. (**TIP:** Lower heat if skin burns.) Flip duck over and cook to desired doneness, 2-5 minutes more. Remove from pan and let rest.



5 MAKE SAUCE
Add **demi-glace**, **¼ cup water**, and **2 TBSP butter** to same pan. Bring to a boil, then remove from heat. Stir to combine. Season to taste with **salt** and **pepper**.



3 CRISP POTATOES
Add just enough reserved **duck fat** to pot with **potatoes** to cover bottom surface. Place pot over medium-high heat and cook potatoes, tossing, until skins are crisp and browned, 3-5 minutes. Remove from pot and season with **salt** and **pepper**.



6 FINISH AND PLATE
Slice **duck** crosswise. Divide between plates along with **potatoes** and **veggies**. Spoon **sauce** over everything. Sprinkle with **chives**.

MARVELOUS!

Crispy, creamy duck-fried potatoes make this meal into a celebration.

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