



# PAN-SEARED DUCK BREASTS

with Duck-Fried Potatoes, Asparagus, and Grape Tomatoes



**HELLO**  
**PAN-SEARED DUCK**  
 The richly flavored meat is perfect for a special occasion (hello, Mother's Day).

PREP: 5 MIN | TOTAL: 35 MIN | CALORIES: 600



Fingerling Potatoes



Chives



Grape Tomatoes



Asparagus



Duck Breasts



Chicken Demi-Glace  
 (Contains: Milk)



## START STRONG

You can score (make shallow slits in) the skin before adding duck to the pan to allow the fat to render more quickly.

## BUST OUT

- Medium pot
- Strainer
- Paper towel
- Large pan
- Butter (2 TBSP | 4 TBSP)  
(Contains: Milk)

## INGREDIENTS

Ingredient **2-person** | **4-person**

- Fingerling Potatoes **12 oz** | **24 oz**
- Asparagus **6 oz** | **12 oz**
- Chives **¼ oz** | **¼ oz**
- Duck Breasts **12 oz** | **24 oz**
- Grape Tomatoes **4 oz** | **8 oz**
- Chicken Demi-Glace **1** | **2**

## HELLO WINE



**PAIR WITH**  
La Forêt Pays d'Oc Pinot Noir, 2017

[HelloFresh.com/Wine](https://www.hellofresh.com/wine)

**HelloFRESH**



**1 BOIL POTATOES AND PREP** Wash and dry all produce. Halve **potatoes** lengthwise. Place in a medium pot with enough **salted water** to cover by 1 inch. Bring to a boil and cook until easily pierced by a knife, about 15 minutes. Drain well and return to pot. Meanwhile, trim and discard bottom woody ends from **asparagus**. Mince **chives**. Pat **duck** dry with a paper towel.



**4 COOK VEGGIES** While potatoes cook, add **asparagus**, **tomatoes**, and a drizzle of **duck fat** to pan used for duck over medium-high heat. Cook, tossing occasionally, until asparagus is lightly browned and tender and tomatoes burst, 3-5 minutes. Season with **salt** and **pepper**. Remove from pan and transfer to a plate.



**2 COOK DUCK** Season **duck** generously with **salt** and **pepper**, then place skin-side down in a large pan. Cook over medium heat until skin is crisp and most of the fat has rendered, 10-15 minutes, pouring off and reserving **fat** as it renders. (**TIP:** Lower heat if skin burns.) Flip duck over and cook to desired doneness, 2-5 minutes more. Remove from pan and let rest.



**5 MAKE SAUCE** Add **demi-glace**, **¼ cup water**, and **2 TBSP butter** to same pan. Bring to a boil, then remove from heat. Stir to combine. Season to taste with **salt** and **pepper**.



**3 CRISP POTATOES** Add just enough reserved **duck fat** to pot with **potatoes** to cover bottom surface. Place pot over medium-high heat and cook potatoes, tossing, until skins are crisp and browned, 3-5 minutes. Remove from pot and season with **salt** and **pepper**.



**6 FINISH AND PLATE** Slice **duck** crosswise. Divide between plates along with **potatoes** and **veggies**. Spoon **sauce** over everything. Sprinkle with **chives**.

## MARVELOUS!

Crispy, creamy duck-fried potatoes make this meal into a celebration.

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