

PALERMO PROSCIUTTO & CHICKEN PENNE

with Peas & Parm



PREP: 10 MIN COOK: 35 MIN CALORIES: 960



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We like using a microplane or dedicated zester for zesting citrus. If you don't have one, use a peeler or paring knife to remove just the yellow surface layer from the lemon, then mince it.



1 PREP

- Bring a large pot of **salted water** to a boil. **Wash and dry produce**.
- Peel and mince or grate garlic. Pick parsley leaves from stems; roughly chop leaves. Zest and quarter lemon.



2 COOK PASTA

- Once water is boiling, add **penne** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes.
- Reserve 1/2 cup pasta cooking water, then drain.



3 COOK PROSCIUTTO

- Heat a drizzle of olive oil in a large pan over medium-high heat. Add prosciutto slices in a single layer; sear until browned and crispy, 2-3 minutes per side. TIP: If prosciutto starts to crisp too quickly, reduce heat to medium.
- Turn off heat; transfer prosciutto to a paper-towel-lined plate. Reserve oil in pan (you'll use it to cook the chicken in the next step).

BUST OUT

- Large pot
- Zester
- Strainer
- Large pan
- Paper towels
- Kosher salt
- Black pepper
- Olive oil (1 tsp | 1 tsp)
- Butter (2 TBSP | 4 TBSP)
 Contains: Milk

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*Chicken is fully cooked when internal temperature reaches 165°.



4 COOK CHICKEN

- Pat chicken* dry with paper towels and season all over with half the Fry Seasoning (all for 4 servings), salt, and pepper.
- Heat pan with reserved oil over medium-high heat. (TIP: Add an additional drizzle of oil if pan seems dry.) Add chicken and cook until browned and cooked through, 3-5 minutes per side.
- Turn off heat; transfer chicken to a cutting board to rest. Wipe out pan.



5 MAKE SAUCE

- Melt 2 TBSP butter (4 TBSP for 4 servings) in pan used for chicken over medium-high heat.
- Add **garlic**; cook, stirring occasionally, until fragrant, 30 seconds.
- Add cream sauce base, cream cheese, a big pinch of salt, and pepper. Cook, stirring, until combined, 2-3 minutes more.
- Add drained penne and peas. Cook, stirring, until peas are warmed through and sauce has slightly thickened,
 1-2 minutes. TIP: If needed, stir in reserved pasta cooking water a splash at a time until pasta is coated in a creamy sauce.
- Stir in **half the parsley**, a **big squeeze of lemon juice**, and a **pinch of chili flakes** if desired.



6 FINISH & SERVE

- Slice chicken crosswise.
- Divide pasta between bowls. Top with chicken. Crumble prosciutto over top.
 (TIP: Crumble half the prosciutto over top and garnish with the remaining larger pieces.) Sprinkle with lemon zest, Parmesan, remaining parsley, and a pinch of chili flakes to taste. Serve with any remaining lemon wedges on the side.