

## NEW YORK STRIP STEAK WITH TRUFFLE BUTTER

over Mashed Potatoes and Roasted Asparagus



# = HELLO = TRUFFLE BUTTER

Made with zested truffle and parsley, it adds instant luxury to anything it touches.



Shallot

Asparagus





Yukon Gold





Milk (Contains: Milk)







Truffle Zest





New York Strip Steak

PREP: 15 MIN

TOTAL: 40 MIN

CALORIES: 1090

Parsley

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#### START STRONG =

A *sprig* of thyme refers to one branch and its leaves. Use a big or small one depending on how much herb flavor you like. Save the rest for meat rubs, dressings, and roasted veggies.

#### BUST OUT =

- Small bowl
- Potato masher
- Medium pot
- Medium pan
- Small pot
- Paper towel
- Strainer
- Baking sheet
- Vegetable oil (1 TBSP | 2 TBSP)
- Butter (3 TBSP | 6 TBSP) (Contains: Milk)

#### INGREDIENTS =

Ingredient 2-person | 4-person

• Shallot

1 | 1

• Asparagus

8 oz | 16 oz

Yukon Gold Potatoes

16 oz | 32 oz

ParsleyMilk

1/4 oz | 1/4 oz

. ....

6.75 oz | 6.75 oz

Thyme

1/4 oz | 1/4 oz

1 | 2

• Truffle Zest

0.07 oz | 0.14 oz

New York Strip SteakBeef Demi-Glace

12 oz | 24 oz

## WINE CLUB

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PREHEAT AND PREP Wash and dry all produce. Adjust rack to upper position and preheat oven to 425 degrees. Place 2 TBSP butter in a small bowl and set aside. Halve and peel shallot, then mince until you have 2 TBSP. Trim woody bottom ends from asparagus. Cut potatoes into ½-inch cubes. Pick parsley leaves from stems; discard stems. Finely chop leaves.



# 4 COOK STEAK AND ASPARAGUS

Heat a drizzle of **oil** in pan used for shallot over medium-high heat. Pat **steak** dry with a paper towel. Season with **salt** and **pepper**. Add to pan and cook to desired doneness, 3-6 minutes per side. Remove from pan and set aside to rest. Meanwhile, toss **asparagus** with a drizzle of oil on a baking sheet. Season with salt and pepper. Roast in oven until just tender, about 7 minutes.



2 COOK POTATOES
Place potatoes in a medium pot
with enough salted water to cover by
1 inch. Bring to a boil and cook until
tender, about 12 minutes. Meanwhile,
place milk and 1 thyme sprig in a small
pot. Bring to a simmer, then remove from
heat. Once potatoes are cooked, drain
thoroughly and return to pot. Mash in
pot with a potato masher until smooth.



MAKE SAUCE
Wipe out pan after removing steak, then reduce heat under pan to low and heat another drizzle of oil in it. Add remaining shallot. Cook, tossing, until starting to soften, 1-2 minutes. Stir in demi-glace and 3 TBSP water. Let simmer until slightly thickened, about 2 minutes. Season with salt and pepper. Meanwhile, slice steak against the grain. Discard thyme sprig from pot with milk.



MAKE TRUFFLE BUTTER
Melt another 1 TBSP butter in a
medium pan over medium heat. Add half
the minced shallot. Cook, tossing, until
just softened, 1-2 minutes. Pour shallot
and melted butter into small bowl with
reserved room-temperature butter. Add
truffle zest and a pinch of parsley. Mash
together with a fork. Set aside in freezer
to chill for 10 minutes.



FINISH AND PLATE
Stir enough milk into potatoes to create a creamy consistency (start with ¼ cup and add more from there). Season with salt and pepper. Divide between plates along with asparagus. Arrange steak on top of potatoes. Spoon sauce over steak, then dollop with truffle butter. Garnish with remaining parsley.

### CLASSY!

Truffle butter is the stuff gourmet dreams are made of.

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