

NEW YORK STRIP STEAK PANZANELLA

with Arugula, Heirloom Tomatoes, and Garlic Croutons



HELLO = PANZANELLA

A Tuscan-style salad that's all about the garlicky ciabatta croutons

PREP: 10 MIN

TOTAL: 40 MIN

CALORIES: 900



Shallot

Ciabatta Bread

(Contains: Wheat)



Thyme







Beef Demi-Glace (Contains: Milk)



Arugula



New York Strip Steak



Balsamic Vinegar

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START STRONG =

If you don't have a microwave, warm the garlic and olive oil in a small pan over medium heat—this step is essential to bringing out the best flavor in the croutons.

BUST OUT =

- 2 Large bowls
- Baking sheet
- Large pan
- Paper towel

· Ciabatta Bread

• Balsamic Vinegar

- Olive oil (11 tsp | 22 tsp)
- Butter (4 tsp | 8 tsp) (Contains: Milk)

INGREDIENTS =

Ingredient 2-person | 4-person

• Shallot 1 | 2

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• Heirloom Grape Tomatoes 4 oz | 8 oz

• Thyme 1/4 oz 1/4 oz

• Garlic 2 Cloves | 2 Cloves

• New York Strip Steak 10 oz | 20 oz

Beef Demi-Glace

2 TBSP | 4 TBSP

2 | 4

1 | 2

• Arugula 2 oz | 4 oz

PAIR WITH Le Franc Pays d'Oc Cabernet Sauvignon, 2016 HelloFresh.com/Wine





Wash and dry all produce. Preheat oven to 400 degrees. Peel shallot, then thinly slice into rings. Cut ciabattas into 1-inch cubes. Halve tomatoes lengthwise. Strip thyme leaves from stems until you have 1 tsp; reserve remaining sprigs. Thinly slice garlic, then place in a large bowl with 2 TBSP olive oil and microwave on high until fragrant, about 30 seconds.



MAKE SAUCE
Remove steak from pan and set
aside on a plate to rest. Discard thyme
sprigs. Lower heat under pan to medium
low, then stir in ½ cup water, demiglace, and 1 TBSP balsamic vinegar
(we sent more). Simmer until slightly
thickened, about 2 minutes. Add 1 tsp
butter and stir until melted. Season with
pepper.



2TOAST BREAD AND SHALLOT

Add ciabattas and stripped thyme leaves to bowl with garlic mixture. Toss to coat. Spread on one half of a baking sheet. Place shallot on other half and toss with a drizzle of olive oil. Season both with salt and pepper. Bake in oven until shallot is soft and ciabattas are toasted, 8-10 minutes.



TOSS PANZANELLA
Discard any pieces of garlic stuck
to ciabattas. Toss tomatoes in another
large bowl with remaining balsamic
vinegar and 1 TBSP olive oil. Season
with salt and pepper. Add shallot,
ciabattas, arugula, and any resting
juices from steak on plate. Season with
salt and pepper. TIP: Add a drizzle of
olive oil if salad seems dry.





COOK STEAK
Heat a drizzle of olive oil in a large
pan over medium-high heat. Pat steak
dry with a paper towel. Season all over
with salt and pepper. Add to pan and
cook until browned on bottom, 2-4
minutes. Add 1 TBSP butter and thyme
sprigs. Flip steak, tilt pan toward you,
and continuously spoon butter over
steak until cooked to desired doneness,
2-4 minutes more.



6 FINISH AND PLATE Thinly slice **steak** against the grain. Divide **panzanella** between plates, then top with steak. Drizzle with **sauce** and serve.

SENSATIONAL! =

Between the sauce and the juicy steak, this meal is literally dripping with flavor.

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