



MEATBALLS WITH BULGOGI SAUCE

plus Roasted Green Beans, Ginger Rice & Sriracha Crema

INGREDIENTS

2 PERSON | 4 PERSON



6 oz | 12 oz
Green Beans



1 Thumb | 1 Thumb
Ginger



2 | 2
Scallions



¾ Cup | 1½ Cups
Jasmine Rice



10 oz | 20 oz
Ground Beef



¼ Cup | ½ Cup
Panko
Breadcrumbs
Contains: Wheat



4 oz | 8 oz
Bulgogi Sauce
Contains: Soy, Wheat



2 TBSP | 4 TBSP
Sour Cream
Contains: Milk



1 tsp | 1 tsp
Sriracha



1 TBSP | 1 TBSP
Sesame Seeds

HELLO

BULGOGI SAUCE

This traditional Korean condiment combines soy sauce and sesame with a hint of sweetness.



PREP: 5 MIN | COOK: 25 MIN | CALORIES: 870



HELLO FRESH

SPLISH SPLASH

Splash a little cold water on your hands before shaping the meatballs in step 3. The heat in your hands is what causes the mixture to stick; cooling your hands down will make the beef hold on to itself rather than to you.

BUST OUT

- Small pot
- 2 Large bowls
- 2 Baking sheets
- Small bowl
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)

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* Ground Beef is fully cooked when internal temperature reaches 160°.



1 PREP

- Adjust racks to top and middle positions and preheat oven to 425 degrees. **Wash and dry produce.**
- Peel and mince or grate **ginger**. Trim and thinly slice **scallions**, separating whites from greens; mince whites. Trim **green beans** if necessary.



4 ROAST GREEN BEANS

- Toss **green beans** on a second baking sheet with a **drizzle of oil, salt, and pepper**.
- Roast on top rack until browned and tender, 12-15 minutes.



2 COOK RICE

- Heat a **drizzle of oil** in a small pot over medium-high heat. Add **half the ginger**; cook until fragrant, 1 minute.
- Stir in **rice, 1¼ cups water (2¼ cups for 4 servings)**, and a **pinch of salt**. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



5 MAKE CREMA & COAT

- Meanwhile, in a small bowl, combine **sour cream** with **Sriracha** to taste. Add **water** 1 tsp at a time until mixture reaches a drizzling consistency.
- Once **meatballs** are done, carefully transfer to a second large bowl; add **remaining bulgogi sauce** and toss to coat.



3 FORM & BAKE MEATBALLS

- While rice cooks, in a large bowl, combine **beef*, scallion whites, panko, remaining ginger, and 1 TBSP bulgogi sauce (2 TBSP for 4 servings)**. (You'll use the rest of the bulgogi sauce later.) Season with **salt (we used ¾ tsp; 1½ tsp for 4)** and **pepper**.
- Form into 1½-inch meatballs; place on a baking sheet.
- Bake **meatballs** on middle rack until browned and cooked through, 14-16 minutes.



6 FINISH & SERVE

- Fluff **rice** with a fork; taste and season with **salt** if desired.
- Divide rice between plates and top with **green beans, meatballs, and any bulgogi sauce** from bowl. Drizzle with **Sriracha crema**. Garnish with **scallion greens** and as many **sesame seeds** as you like. Serve.

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