

## **MAPLE AND ROSEMARY-GLAZED PORK CUTLETS**

with Couscous and a Creamy Apple Salad



# HELLO -HEINZ REAL MAYONNAISE Made with 100% cage-free eggs and only

high-quality ingredients, it's so deliciously creamy.

PREP: 10 MIN TOTAL: 20 MIN CALORIES: 740 Pork Cutlets

Chicken Stock

Concentrates

510





Couscous

(Contains: Wheat)



Maple Syrup





Scallions

White Wine

Vinegar

Spring Mix Lettuce

Heinz Real Mayonnaise (Contains: Eggs)

26.5 Maple Rosemary-Glazed Pork\_FAM\_NJ.indd 1

#### START STRONG

Here's a trick for quicker apple prep: hold your apple upright and cut along the sides of the core, rotating 90 degrees until you have four pieces that will lie flat on your board for easy dicing.

#### **BUST OUT**

- Small pot
- Paper towel
- Large pan
- Medium bowl
- Olive oil (1 TBSP)
- Butter (3 TBSP) (Contains: Milk)

INGREDIENTS	
Ingredient 4-person	
Scallions	2
Rosemary	1⁄4 <b>oz</b>
• Gala Apples	2
Couscous	1 Cup
Pork Cutlets	24 oz
White Wine Vinegar	10 tsp
• Maple Syrup	1/4 Cup
Chicken Stock Concentrates	2
• Heinz Real Mayonnaise	4 TBSP
Spring Mix Lettuce	4 oz







## PREP

Wash and dry all produce. Trim, then thinly slice **scallions**, keeping greens and whites separate. Pick and finely chop enough rosemary leaves from stems to give you 2 tsp. Halve, core, and dice **apples**.

concentrates, and 1/3 cup water. Let

in sauce. Remove pan from heat.

simmer until thickened, 1-2 minutes. Stir

and pepper. Add all pork, tossing to coat

in 1 TBSP butter. then season with salt



## COOK COUSCOUS

Heat **1 TBSP olive oil** in a small pot over medium-high heat. Add scallion whites and 1 tsp chopped rosemary. Cook until fragrant, about 30 seconds. Pour in **1¼ cups water**. Bring to a boil, then immediately stir in couscous and a large pinch of salt and pepper. Remove from heat, cover, and let stand until tender, about 10 minutes.



TOSS SALAD Whisk together Heinz mayonnaise and remaining vinegar in a medium bowl. Add lettuce and apples. Toss to combine. Season with salt and pepper.



### COOK PORK

Meanwhile, pat pork dry with a paper towel. Season generously all over with salt and pepper. Melt 1 TBSP **butter** in a large pan over high heat. Add half the pork. Cook until browned and cooked through, about 2 minutes per side. Remove from pan and set aside on a plate. Repeat with another 1 TBSP butter and remaining pork.



FINISH AND SERVE Fluff **couscous** with a fork, then divide between plates. Arrange **pork** on top of couscous and drizzle with any sauce in pan. Garnish with scallion greens. Serve with salad on the side.

> FRESH TALK Go around the table and name one thing that each person is the best at.

Share your #HelloFreshPics with us! | (646) 846-3663 HelloFresh.com | hello@hellofresh.com

INGREDIENTS

#### **MAKE SAUCE** 2 After removing second batch of pork from pan, reduce heat under pan 4 oz to medium. Stir in remaining chopped rosemary, 2 TBSP vinegar (we'll use more later), maple syrup, stock

WK 26 NJ-5\_FAM