

# "LITTLE EARS" PASTA

with Italian Pork Sausage, Broccoli, and Pesto



## HELLO -**ORECCHIETTE**

Pronounced oh-reck-ee-ET-tay, this round pasta means "little ears" in Italian.



Broccoli Florets



Orecchiette Pasta (Contains: Wheat)



Pesto (Contains: Milk)



Pork Sausage



Chicken Stock Concentrate



Parmesan Cheese

PREP: 5 MIN

TOTAL: 25 MIN CALORIES: 850

#### **START STRONG**

The secret to luxurious, silky pasta without any added cream: pasta cooking water! Always save a scoop before draining. Adding it back in at the end, like we do in step 5, will emulsify the sauce and allow all of the flavors to mingle.

#### **BUST OUT**

- Large pot
- Strainer
- Large pan
- Olive oil (2 tsp | 4 tsp)



Ingredient 2-person | 4-person

Broccoli Florets
 8 oz | 16 oz

Sweet Italian
 Pork Sausage\*

• Pesto 2 oz | 4 oz

Chicken Stock Concentrate 1 | 2

• Parmesan Cheese ¼ Cup | ½ Cup

\* Pork Sausage is fully cooked when internal temperature reaches 160 degrees.



Pair this meal with a HelloFresh Wine matching this icon.





9 oz | 18 oz





Bring a large pot of **salted water** to a boil. **Wash and dry all produce.** Cut any large **broccoli florets** into bite-sized pieces. Remove **sausage** from casings; discard casings.



2 BOIL PASTA
Once water is boiling, add
orecchiette to pot. Cook, stirring
occasionally, until al dente, 13-15
minutes. Reserve ½ cup pasta cooking
water, then drain.



Meanwhile, heat a drizzle of olive oil in a large pan over medium heat. Add broccoli and 2 tsp water. Cover and steam 3 minutes. Uncover and increase heat to medium high. Cook, stirring occasionally, until browned and tender, 3-6 minutes more. Season with salt and pepper. Turn off heat; remove from pan and set aside.



COOK SAUSAGE
Heat another drizzle of olive oil in same pan over medium-high heat. Add sausage and cook, breaking up meat into pieces, until browned and cooked through, 4-5 minutes.



TOSS PASTA
Add orecchiette, broccoli, pesto,
stock concentrate, ¼ cup reserved
pasta cooking water, and half the
Parmesan to pan. Toss until everything
is well coated and a thick sauce has
formed, 1-2 minutes. (TIP: If pan seems
dry, add more reserved cooking water,
1 TBSP at a time, until creamy.) Season
with salt and pepper.



**SERVE**Divide finished **orecchiette**between plates. Sprinkle with remaining **Parmesan** and serve.

### SPICE IT UP

Looking for a kick? Add a sprinkle of chili flakes to your finished dish!