LEMON GARLIC SALMON FILLETS

with Creamy Linguine and Baby Broccoli



HELLO =

LEMON GARLIC BUTTER

Mixing flavorful ingredients into butter makes a condiment with rich, spreadable flavor.



TOTAL: 40 MIN

CALORIES: 960



Baby Broccoli



Lemons



Garlic



Salmon (Contains: Fish)



Cream Cheese

(Contains: Milk)

Linguine Pasta (Contains: Wheat)



Heat Spice

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START STRONG :

Get your littlest sous chefs involved: have kids help with squeezing the lemons, mixing the butter, stirring the pasta into the sauce, and plating the meal.

BUST OUT =

- · Large pot
- Aluminum foil
- Zester
- Paper towel
- 2 Small bowls
- Strainer
- 2 Baking sheets
- Butter (4 TBSP) (Contains: Milk)
- Olive oil (5 tsp)

INGREDIENTS =

Ingredient 4-person

- Baby Broccoli
- 12 oz

- Lemons
- 4 Cloves
- Garlic

20 oz

• Salmon

- 12 oz
- Linguine Pasta

· Cream Cheese

- 1 TBSP
- Tuscan Heat Spice 🚤
- ½ Cup

WINE CLUB

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PREHEAT AND PREP
Wash and dry all produce. Adjust
racks to middle and upper positions and
preheat oven to 450 degrees. Bring a
large pot of salted water to a boil. Trim
bottoms of baby broccoli, leaving stalks
whole. Zest lemons, then cut each into
quarters. Squeeze 2 TBSP juice into a
small bowl. Grate or finely mince garlic.



Meanwhile, once water boils, add linguine to pot. Cook until al dente, 9-11 minutes. Reserve 1 cup pasta cooking water, then drain. Return empty pot to stove over medium heat and add a large drizzle of olive oil. Stir in remaining garlic, remaining lemon zest, and all of the Tuscan heat spice. Cook, stirring, until fragrant, about 30 seconds.



MIX GARLIC BUTTER
Warm 2 TBSP butter in a small
microwave-safe bowl until just softened,
about 10 seconds (do not melt). Stir in
half the garlic, half the lemon zest, and
a pinch of salt and pepper. Line a baking
sheet with aluminum foil and coat with a
drizzle of olive oil. Pat salmon dry with
a paper towel, then place skin-side down
on sheet.



Add cream cheese, reserved 2 TBSP lemon juice, and ¾ cup pasta cooking water to pot, stirring until cream cheese melts. Turn off heat and stir in linguine and 2 TBSP butter. Season with salt and pepper. TIP: If sauce seems dry, add more pasta cooking water, a little bit at a time, until everything is coated in a loose sauce.



Season flesh side of salmon with salt and pepper. Evenly spread garlic butter on top. On another baking sheet, toss baby broccoli with a large drizzle of olive oil and a pinch of salt and pepper. Roast salmon on middle rack and baby broccoli on upper rack until salmon is cooked and baby broccoli is tender, 10-15 minutes (the fillets may finish first).



6 SERVE Divide **pasta**, **salmon**, and **baby broccoli** between plates. Serve with any remaining **lemon quarters** for squeezing over.

SUMPTUOUS! =

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