

# **HOISIN-GLAZED MEATBALLS**

with Jasmine Rice and Snow Peas



# - HELLO -**HOISIN GLAZE**

Sweet and tangy with a barbecue-like kick



**Ground Beef** 



Jasmine Rice



Snow Peas



Sesame Seeds

Scallions

(Contains: Wheat)

(Contains: Soy)



Lime

PREP: 15 MIN TOTAL: 35 MIN CALORIES: 650

Panko Breadcrumbs Hoisin Sauce

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#### **START STRONG**

Take a cue from our chefs and preheat the oven with the baking sheet inside. The extra heat will cause a nice crust to form on the meatballs. Just be careful—it's hot!

#### **BUST OUT**

- Medium pot
- · Large pan
- Peeler
- Medium bowl
- Baking sheet
- Sugar (1 tsp)
- Oil (4 tsp)



Ingredient 4-person

• Ginger	1 Thumb
• Scallions	4
Ground Beef	20 oz
Panko Breadcrumbs	½ Cup
Jasmine Rice	1 Cup
Hoisin Sauce	4 TBSP
• Snow Peas	8 oz
• Lime	1
Sesame Seeds	2 TBSP

### **HELLO WINE**



PAIR WITH

Flamboyance Languedoc-la-Clape Rosé, 2016

HelloFresh.com/Wine





**PREHEAT AND PREP**Wash and dry all produce. Preheat oven to 450 degrees. Bring 2 cups water to a boil in a medium pot. Peel and mince ginger until you have 2 tsp. Trim, then finely chop scallions.



Once **meatballs** have baked 15 minutes, remove sheet from oven. Use a spoon to glaze each meatball with a little bit of **hoisin sauce**. Return to oven and bake until sauce has lost some of its shine, about 5 minutes.



MAKE MEATBALLS
In a medium bowl, combine ginger, scallions, beef, panko, and 1 tsp sugar.
Season with salt and pepper (we used 1 tsp kosher salt). Shape mixture into 1-inch meatballs, then place on a lightly oiled baking sheet. Bake until no longer pink in center, about 20 minutes total (we'll check on the meatballs after 15).



Heat 1 TBSP oil in a large pan over medium-high heat. Add snow peas and cook, tossing, until tender, 4-5 minutes. Season with salt and pepper.



Once water is boiling, add **rice** to pot. Cover and reduce to a simmer. Cook until tender, 15-20 minutes.



6 Cut lime into wedges. Divide rice between plates and top with snow peas and meatballs. Sprinkle sesame seeds over top. Serve with lime wedges on the side for squeezing over.

## **MAJOR!**

Meatballs get an Asian twist thanks to hoisin and sesame.

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