



## Good Chop Grilling Box Bundle

<b>Nutrition Facts</b>	1/3 lb Burger Patty	Picanha Steak	St. Louis Pork Ribs	Mild Italian Sausage Links
servings per container	6	2	10	4
<b>Serving size</b>	1 Patty (151g)	8 oz (227g)	4 oz (113g)	1 Sausage (113g)
Amount per serving				
<b>Calories</b>	<b>320</b>	<b>410</b>	<b>310</b>	<b>220</b>
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
<b>Total Fat</b>	23g <b>29%</b>	25g <b>32%</b>	27g <b>35%</b>	10g <b>13%</b>
Saturated Fat	9g <b>45%</b>	9g <b>45%</b>	9g <b>45%</b>	4g <b>20%</b>
Trans Fat	1.5g	1.5g	0g	0g
<b>Cholesterol</b>	100mg <b>33%</b>	155mg <b>52%</b>	90mg <b>30%</b>	70mg <b>23%</b>
<b>Sodium</b>	100mg <b>4%</b>	180mg <b>8%</b>	90mg <b>4%</b>	730mg <b>32%</b>
<b>Total Carbohydrate</b>	0g <b>0%</b>	0g <b>0%</b>	0g <b>0%</b>	2g <b>1%</b>
Dietary Fiber	0g <b>0%</b>	0g <b>0%</b>	0g <b>0%</b>	0g <b>0%</b>
Total Sugars	0g	0g	0g	0g
Includes Added Sugars	0g <b>0%</b>	0g <b>0%</b>	0g <b>0%</b>	0g <b>0%</b>
<b>Protein</b>	28g	46g	18g	28g
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	<b>Vitamin D</b>	0mcg 0%	0mcg 0%	3mcg 15%
	<b>Calcium</b>	20mg 2%	20mg 2%	26mg 2%
	<b>Iron</b>	3mg 15%	6mg 35%	1mg 6%
	<b>Potassium</b>	443mg 10%	769mg 15%	283mg 6%
				376mg 8%