

## **CRISPY CHEDDAR FRICO CHEESEBURGERS**

with Caramelized Onion Jam and Roasted Broccoli



Brioche Buns

(Contains: Wheat, Milk, Eggs)

Ground Beef

#### 

Baked cheese wafers add an unexpected layer of crispiness.

PREP: 10 MIN TOTAL: 30 MIN CALORIES: 800

Roma Tomatoes

Red Onion

Sherry Vinegar

r Ketchup

(Contains: Milk)

Broccoli Florets Cheddar Cheese

#### START STRONG

If you're craving a more traditional burger, ditch the frico and melt the cheese on top of the patties after flipping.

#### **BUST OUT**

INGREDIENTS

2

4

20 oz

16 oz 2 TBSP

1 Cup

4 TBSP

- 2 Baking sheets
- Large pan
- Parchment paper
- Olive oil (2 TBSP)
- Sugar (2 tsp)

Red Onion Roma Tomatoes

Brioche Buns

Ground Beef

Broccoli Florets

Sherry Vinegar

Cheddar Cheese

Ketchup



#### PREHEAT AND PREP

Wash and dry all produce. Preheat oven to 425 degrees. Halve, peel, and thinly slice onion. Slice tomatoes into rounds. Split buns in half. Shape beef into four evenly sized patties.



**2 ROAST BROCCOLI** Toss **broccoli** on a baking sheet with a large drizzle of **olive oil** and a pinch of **salt** and **pepper**. Roast in oven until slightly crispy, 15-20 minutes.



#### Z MAKE ONION JAM

Heat a large drizzle of olive oil in a large pan over medium-high heat. Add onion and cook, tossing, until soft, 5-6 minutes. Stir in sherry vinegar and 2 tsp sugar. Simmer until liquid is nearly evaporated, 1-2 minutes. Season with salt and pepper. Remove from pan and set aside.



**6** ASSEMBLE BURGERS Place burgers, onion jam, tomato slices, ketchup, and a cheddar frico inside each bun. Serve with broccoli on the side.

KIDS CAN HELP!

# MAKE CHEDDAR FRICO

parchment paper. Place **cheddar** on it in four even piles. Bake in oven until melted in middle and crispy at the edges, 5-7 minutes. **TIP:** If you don't have parchment, that's OK. As soon as the frico come out of the oven, transfer to a plate to cool using a spatula.



#### COOK BURGERS

Meanwhile, heat a large drizzle of olive oil in same pan over medium-high heat. Season **beef patties** all over with **salt** and **pepper**. Add to pan and cook to desired doneness, 3-6 minutes per side. Meanwhile, carefully remove **frico** from baking sheet, then place **buns** on sheet. Toast in oven until golden, 3-4 minutes.

### - SUCCESS!

Fan of frico? You can also use it to garnish soups and salads.

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