BREAKFAST

CHORIZO-SPICED KALE AND PEPPER HASH

with Sweet and Yukon Gold Potatoes



HELLO -

CHORIZO SPICE BLEND

Paprika and other aromatic ingredients add Spanish-style flavor to this recipe.



CALORIES: 750



Yukon Gold Potatoes



Chorizo













Blend



Sweet Potatoes

Yellow Onion

Red Bell Pepper

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Chorizo Spice

START STRONG

An easy way to prep kale: Hold the stalk end and, with your other hand, pinch at the point where the leaf ends and tapers into the stalk. Pull outward to tear the leaf away.

BUST OUT

- Large pot
- Large pan
- Slotted spoon
- Oil (1 TBSP | 2 TBSP)

INGREDIENTS

Ingredient 2-person | 4-person

Yukon Gold Potatoes
 Sweet Potatoes
 Chorizo
 Yellow Onion
 2 oz | 24 oz
 6 oz | 12 oz
 1 | 2

Garlic
Red Bell Pepper
2 Cloves | 4 Cloves
1 | 2

• Kale 4 oz | 8 oz

• Lemon 1 | 2

Chorizo Spice Blend 1 TBSP | 2 TBSPSour Cream 4 TBSP | 8 TBSP

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BOIL POTATOES

Wash and dry all produce. Cut Yukon Gold and sweet potatoes into ½-inch cubes. Place in a large pot with enough salted water to cover by 1 inch. Bring to a boil and cook until easily pierced by a knife, 10-15 minutes. Drain.



COOK VEGGIES

Add onion, bell pepper, and chorizo spice blend to pan used for chorizo. Toss to coat in oil. Cook until onion is translucent and pepper has softened, 3-5 minutes. Toss in kale and season with salt and pepper. Cook until kale is tender, 3-4 minutes.



COOK CHORIZO

Heat a drizzle of **oil** in a large pan over medium-high heat. Add **chorizo**, breaking up meat into pieces. Cook, tossing, until browned and cooked through, 4-6 minutes. Remove chorizo from pan with a slotted spoon and set aside, leaving as much oil in the pan as possible.



MAKE HASH

Add **potatoes** to pan along with a large drizzle of **oil**. Season with **salt** and **pepper**. Cook, tossing occasionally, until potatoes are lightly crisped, 3-5 minutes. Toss in **garlic** and cook until fragrant, 1-2 minutes more. Stir in a squeeze or two of **lemon** (to taste). Season with salt and pepper.



PREP

While chorizo cooks, halve and peel onion, then cut into ½-inch squares.

Mince garlic. Core and seed bell pepper, then cut into into ½-inch squares.

Remove and discard stems and large ribs from kale, then chop leaves into bitesized pieces. Halve lemon, then cut one half into wedges.



PLATE AND SERVE

Divide **hash** between plates. Top with **chorizo** and dollop with **sour cream**. Serve with **lemon wedges** on the side for squeezing over.

VEG OUT!

Eating your greens for breakfast has never been easier—or more delicious.

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