CHICKEN CUTLETS WITH LEMON CREAM SAUCE

plus Dilly Potatoes & Green Beans



PREP: 10 MIN COOK: 40 MIN CALORIES: 480

1 2

Lemon

12 oz | 24 oz Yukon Gold

Potatoes*

6 oz | 12 oz Green Beans



10 oz | 20 oz Chicken Cutlets**





Concentrate

HELLO FRESH

1 Clove | 2 Cloves

Garlic

¼ oz | ½ oz

Dill

2 PERSON | 4 PERSON

1 TBSP | 1 TBSP Shawarma Spice Blend



2 TBSP | 4 TBSP Sour Cream Contains: Milk

*The ingredient you received may be a different color.

** In our ongoing effort toward sustainability, we're working on reducing plastic in your order! You may have received 4 servings of protein in one packagerest assured it contains the correct amount.

HELLO

LEMON CREAM SAUCE

Sour cream, lemon juice, garlic, and stock make a velvety topping for seared chicken.



ZEST FOR LIFE

We like using a microplane or dedicated zester for zesting citrus. If you don't have one, use a peeler or paring knife to remove just the yellow surface layer from the lemon, then finely slice or mince it.

BUST OUT

- Zester
- Baking sheet
- Paper towels
- Large pan
- Kosher salt
- Black pepper
- Olive oil (5 tsp | 5 tsp)

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* Chicken is fully cooked when internal temperature reaches 165°.



1 PREP

- Adjust rack to top position (top and middle positions for 4 servings) and preheat oven to 425 degrees. Wash and dry produce.
- Dice **potatoes** into ½-inch pieces. Peel and mince or grate **garlic**. Zest and quarter **lemon**. Pick and roughly chop **fronds from dill**.



2 ROAST POTATOES

- Toss potatoes on one side of a baking sheet with a large drizzle of olive oil, salt, and pepper. (For 4 servings, spread potatoes out across entire sheet.)
- Roast on top rack for 10 minutes.



3 ROAST GREEN BEANS

- Meanwhile, trim green beans if necessary. Once potatoes have roasted 10 minutes, remove sheet from oven. Carefully toss green beans on empty side with a drizzle of olive oil, salt, and pepper. (For 4 servings, leave potatoes roasting; toss green beans on a second sheet and roast on middle rack.)
- Return to oven and roast until veggies are browned and tender, 12-15 minutes more.



4 COOK CHICKEN

- While veggies roast, pat **chicken*** dry with paper towels and season all over with **half the Shawarma Spice** (all for 4 servings), salt, and pepper.
- Heat a drizzle of olive oil in a large pan over medium-high heat. Add chicken and cook until browned and cooked through, 3-5 minutes per side.
 TIP: If chicken begins to brown too quickly, reduce heat to medium.
- Turn off heat; remove chicken from pan. Wash out pan.



5 MAKE LEMON CREAM SAUCE

- Heat a **drizzle of olive oil** in same pan over medium-high heat. Add **garlic** and cook until fragrant, 30 seconds.
- Stir in stock concentrate, ¼ cup water (⅓ cup for 4 servings), and a pinch of salt and pepper. Bring to a simmer and cook until slightly reduced, 2-3 minutes.
- Remove pan from heat and stir in **sour cream** and a **squeeze of lemon juice** to taste.



6 FINISH & SERVE

- Toss roasted **potatoes** with **half the chopped dill** and **lemon zest** to taste.
- Divide potatoes, green beans, and chicken between plates. Top chicken with lemon cream sauce and sprinkle with remaining chopped dill. Serve.