EveryPlate







CARAMELIZED ONION BURGERS

with Horseradish Aioli and Carrot Fries

WHAT WE SEND (2 servings | 4 servings)

★ Keep refrigerated.

Ground Beef is fully cooked when internal temperature reaches 160 degrees.



Carrots * (12 oz | 24 oz)





Yellow Onion (1 | 2)



Mayonnaise (1 | 2)



Garlic (1 Clove | 2 Cloves)



Wasabi (1 | 2)



WHAT YOU'LL NEED

Butter (1 TBSP | 2 TBSP) Sugar (1 tsp | 2 tsp) Vegetable Oil (1 TBSP | 2 TBSP)



Time for a 20-second lesson on wasabi! Most wasabi in the U.S. (including the one we sent you) is made from horseradish, which also just so happens to be a relative of mustard and broccoli. Basically, this whole plant family packs a spice-ay punch, and we can't wait for you to <3 it like we do.



Preheat oven to 425 degrees. Wash and dry all produce. Trim, peel, and cut carrots into long, thin sticks (like fries—ours were 3 inches long and ½-inch wide). Halve, peel, and thinly slice onion. Peel and finely chop garlic. Halve buns.



2. Heat a drizzle of oil in a large pan over medium-high heat. Add onion and a pinch of salt and pepper. Cook, stirring, until lightly browned and softened, 6-7 minutes. Add 1 tsp sugar (2 tsp for 4 servings) and reduce heat to medium. Cook, stirring, until caramelized, 3-4 minutes more. Turn off heat; transfer to a plate and set aside. Wipe out pan.



Meanwhile, toss carrots on a baking sheet with a drizzle of oil. Season with salt and pepper. Roast until browned and tender, 15-20 minutes, then transfer to a plate. Meanwhile, shape beef into two ½-inch-thick patties (four for 4 servings), each slightly wider than a burger bun. Season all over with salt and pepper.



In a small bowl, combine mayonnaise, a pinch of garlic, and a pinch of wasabi (taste and add more from there if desired.) Season with salt and pepper; stir until very smooth. (Use a whisk here if you've got one!)



Heat a drizzle of oil in pan used for onion over medium-high heat. Add patties and cook to desired doneness, 3-5 minutes per side.



6 While patties cook, place 1 TBSP butter (2 TBSP for 4 servings) in a small, microwave-safe bowl; microwave until melted, about 30 seconds. Brush onto cut sides of buns. Place buns, cut sides up, on sheet used to bake carrots. Toast in oven until golden, 3-5 minutes. Fill toasted buns with patties, caramelized onion, and horseradish aioli. Serve with carrot fries on the side.

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