

VEGGIE BIBIMBAP RICE BOWL

with Sweet Sesame Sauce and a Fried Egg



HELLO -

SWEET SESAME SAUCE

A little bit spicy, a little bit sweet, and all-around satisfying



Jasmine Rice











PREP: 10 MIN TOTAL: 30 MIN CALORIES: 670

Zucchini

Mushrooms



White Wine Vinegar



12.8 Veggie Bibimbap Rice Bowl_NJ.indd 1 2/28/19 4:21 PM

Eggs (Contains: Eggs)

START STRONG

In step 5, you'll be frying eggs with perfectly runny yolks. If you prefer your yolks a little more firm, carefully flip once the white is set and opaque, then let cook 3 minutes more.

BUST OUT

- Peeler
- Medium bowl
- Small pot
- 2 Small bowls
- Large pan
- Sugar (1 TBSP | 2 TBSP)
- Vegetable oil (2 TBSP | 4 TBSP)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

Zucchini 1|2
Button Mushrooms 4 oz | 8 oz

• Scallions 2 | 4

• Carrot 3 oz | 6 oz

• Ginger 1 Thumb | 2 Thumbs

• Jasmine Rice 3/4 Cup | 11/2 Cups

• White Wine Vinegar 5 tsp | 10 tsp

Sesame Oil 1 TBSP | 2 TBSP

• Sriracha 1tsp | 2 tsp

Sov Sauce 1½ TBSP | 3 TBSP

• Eggs 2 | 4

WINE CLUB

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Wash and dry all produce. Halve zucchini lengthwise; cut crosswise into half-moons. Trim and thinly slice mushrooms. Trim and thinly slice scallions, separating whites from greens. Using a peeler, shave carrot lengthwise into ribbons, rotating until you get to the core. Discard core. Peel and mince or grate ginger.



Heat a drizzle of oil in a large pan over medium-high heat (use a nonstick pan if you have one). Add carrot; season with salt and pepper. Cook until just tender, 3-4 minutes. Transfer to a medium bowl. Add zucchini and another drizzle of oil to pan. Cook until tender, 5-6 minutes. Transfer to bowl with carrot. Add mushrooms and another drizzle of oil to pan. Cook until tender, 3-5 minutes. Season with salt and pepper. Transfer to bowl with other veggies.



Melt 1 TBSP butter in small pot over medium-high heat. Add ginger and cook, stirring, until fragrant, about 2 minutes. Stir in rice, 1¼ cups water, and a pinch of salt. Bring to a boil. Once boiling, cover and reduce heat to low. Cook until water has absorbed and rice is tender, 15-20 minutes.



PICKLE SCALLIONS AND MAKE SAUCE

Meanwhile, in a small bowl, toss scallion whites with vinegar and a pinch of salt. Set aside to marinate. In another small bowl, combine sesame oil, 1 TBSP sugar, up to 1 tsp sriracha, and 1½ TBSP soy sauce (we sent more).



FRY EGGS
Wipe out pan used to cook veggies.
Heat 1 TBSP oil in same pan over
medium heat. Once hot, crack eggs into
pan and cover. Cook until whites are set
but yolks are still runny, about 3 minutes.
Season with salt.



FINISH AND SERVE

Fluff rice with a fork. Season with salt and pepper and divide between bowls.

Arrange carrot, zucchini, and mushrooms on top. Top with eggs and pickled scallion whites. Drizzle with sauce and any remaining sriracha (to taste). Sprinkle with scallion greens and serve.

SUNNY BUSINESS

If dinner's ever feeling lackluster, put an egg on it!

WK 12 N.J-8

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