

# HelloFresh Add-On Market Breakfast Faves 2 Bundle

<b>Nutrition Facts</b>		Banana Nut Muffin	Belgian Waffle	Cinnamon Crumb Cake Muffin	Sausage, Egg, and Cheese Burrito	Triple Latte	Turkey Sausage and Cheese Egg Bites
servings per container		1	1	1	1	1	1
<b>Serving size</b>		1 Muffin (107g)	1 Waffle	1 Muffin (107g)	1 Burrito (227g)	1 Can (255g)	2 Egg Bites (142g)
Amount per serving							
<b>Calories</b>		<b>480</b>	<b>360</b>	<b>460</b>	<b>570</b>	<b>50</b>	<b>320</b>
% Daily Value*							
<b>Total Fat</b>	28g <b>36%</b>	19g <b>24%</b>	26g <b>33%</b>	28g <b>36%</b>	1.5g <b>2%</b>	24g <b>31%</b>	
Saturated Fat	5g <b>25%</b>	8g <b>40%</b>	8g <b>40%</b>	9g <b>45%</b>	1g <b>5%</b>	11g <b>55%</b>	
Trans Fat	0g	1g	0g	0g	0g	0g	
<b>Cholesterol</b>	80mg <b>27%</b>	15mg <b>5%</b>	60mg <b>20%</b>	175mg <b>58%</b>	5mg <b>2%</b>	220mg <b>73%</b>	
<b>Sodium</b>	400mg <b>17%</b>	330mg <b>14%</b>	340mg <b>15%</b>	950mg <b>41%</b>	55mg <b>2%</b>	730mg <b>32%</b>	
<b>Total Carbohydrate</b>	52g <b>19%</b>	44g <b>16%</b>	56g <b>20%</b>	52g <b>19%</b>	7g <b>3%</b>	8g <b>3%</b>	
Dietary Fiber	2g <b>7%</b>	1g <b>4%</b>	0g <b>0%</b>	4g <b>14%</b>	1g <b>4%</b>	1g <b>4%</b>	
Total Sugars	30g	21g	30g	3g	6g	2g	
Includes Added Sugars	26g <b>52%</b>	20g <b>40%</b>	30g <b>60%</b>	2g <b>4%</b>	2g <b>4%</b>	0g <b>0%</b>	
<b>Protein</b>	6g	4g	6g	21g	2g	17g	
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	<b>Vitamin D</b>	1mcg 6%	0mcg 0%	0mcg 0%	2mcg 10%	2mcg 10%	1mcg 6%
	<b>Calcium</b>	59mg 4%	23mg 2%	40mg 4%	213mg 15%	100mg 8%	279mg 20%
	<b>Iron</b>	2mg 10%	1mg 6%	2mg 10%	5mg 30%	0mg 0%	1mg 6%
	<b>Potassium</b>	159mg 4%	171mg 4%	99mg 2%	301mg 6%	165mg 4%	156mg 4%

**Banana Nut Muffin:** Sugar, enriched WHEAT flour bleached (WHEAT flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), modified food starch, SOYBEAN oil, defatted SOY flour, EGGS, leavening (baking soda, sodium aluminum phosphate), mono- and diglycerides, natural and artificial flavor, propylene glycol mono- and diester of fatty acids, salt, sodium stearoyl lactylate, vital WHEAT GLUTEN, WHEY, banana puree (bananas, citric acid, ascorbic acid), water, WALNUTS, sour CREAM (cultured CREAM, modified corn starch, sodium phosphate, carrageenan, calcium sulfate, carob bean gum, guar gum, potassium sorbate), banana emulsion (water, propylene glycol, xanthan gum, natural and artificial banana flavor, citric acid), cinnamon, vanilla emulsion (propylene glycol, corn syrup, vanillin, ethyl vanillin). **Contains: Eggs, Milk, Soy, Wheat.**

**Belgian Waffle:** WHEAT flour, vegetable margarine (rsपो palm oil, rapeseed oil, sunflower oil, water, emulsifier mono and diglycerides of fatty acids, sunflower lecithin, salt, acidifier acid citric, natural flavors), pearl sugar, EGGS, invert sugar, yeast, MILK powder, vanillin. **Contains: Eggs, Milk, Wheat**

**Cinnamon Crumb Cake Muffin:** Sugar, enriched WHEAT flour bleached (WHEAT flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), modified food starch, SOYBEAN oil, defatted SOY flour, EGGS, leavening (baking soda, sodium aluminum phosphate), mono- and diglycerides, natural and artificial flavor, propylene glycol mono- and diester of fatty acids, salt, sodium stearoyl lactylate, vital WHEAT GLUTEN, WHEY, brown sugar, water, unbleached enriched WHEAT flour (WHEAT flour, malted BARLEY flour, and folic acid), enriched cake flour (WHEAT flour, reduced iron, butter (CREAM, natural flavors), shortening (palm oil and SOY oil), cinnamon, vanilla emulsion (propylene glycol, corn syrup, vanillin, ethyl vanillin), cocoa powder. **Contains: Eggs, Milk, Soy, Wheat**

**Sausage Egg and Cheese Burrito:** Flour tortilla (WHEAT flour, water, canola oil, oat fiber, vital WHEAT GLUTEN, cane sugar, cultured WHEAT flour, salt, distilled monoglyceride, malic acid, baking soda, cellulose gum, guar gum, sodium acid pyrophosphate, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), scrambled EGGS (whole EGGS, modified tapioca starch, corn oil, citric acid, vegetable gum), cooked spicy breakfast sausage (pork, sugar, spices, natural flavoring), potatoes, sharp cheddar cheese (pasteurized MILK, cheese culture, enzymes, annatto, cellulose powder), cooked onions, natural flavors, modified food starch, spice, sea salt. **Contains: Eggs, Milk, Wheat.**

**Triple Latte:** Reduced fat MILK, coffee (water, coffee), cane sugar, chicory root fiber, acacia, disodium phosphate, trisodium phosphate, lactase enzyme, rosemary extract, gellan gum, vitamin d3. **Contains: Milk.**

**Turkey Sausage and Cheese Egg Bites:** EGGS, half & half (MILK, CREAM), cheese blend (cheddar cheese (pasteurized MILK, cheese cultures, salt, enzymes and annatto (for color)), gouda cheese (pasteurized MILK, havarti cheese (pasteurized MILK, enzymes), swiss cheese (pasteurized MILK, powdered cellulose (to prevent caking))), fully cooked breakfast sausage (turkey thigh, water, spices, sugar), onion, expeller pressed canola oil, corn starch, garlic, sea salt, lemon juice, seasoning (rosemary, oregano, sage, ginger, marjoram, thyme, pepper), xanthan gum. **Contains: Eggs, Milk.**