

# **BEEF RAGÙ PENNE**

with Zucchini, Parmesan, and Pepperolio



#### **HELLO** QUICK RAGÙ

No need for hours of slow simmering: this red sauce is ready in a flash.



Yellow Onion

Zucchini

00 Garlic



Ground Beef (Contains: Sov)



Thyme



Soy Sauce



Pepperolio

Penne Pasta (Contains: Wheat)

Italian Seasoning Parmesan Cheese (Contains: Milk)

Tomatoes

#### **START STRONG**

Pepperolio is a chili-infused olive oil with a feisty, fiery kick. Drizzle it sparingly and to taste, especially if you like to keep things mild. Also, it can solidify at cool temperatures, so warm it up first if it does.

#### BUST OUT

- Large pot
- Large pan
- Strainer
- Olive oil (1 tsp | 2 tsp)

—— INGREDIENTS ——		
Ingredient 2-person   4-person		
• Zucchini	1 2	
Yellow Onion	1   2	
• Garlic	2 Cloves   4 Cloves	
• Thyme	¼ oz   ¼ oz	
Ground Beef	10 oz   20 oz	
• Penne Pasta	6 oz   12 oz	
Soy Sauce	2 TBSP   4 TBSP	
<ul> <li>Italian Seasoning</li> </ul>	½ TBSP   1 TBSP	
<ul> <li>Crushed Tomatoes</li> </ul>	1 Box   2 Boxes	
• Parmesan Cheese	¼ Cup   ½ Cup	
• Pepperolio 🥑	1 tsp   2 tsp	

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#### PREP

Wash and dry all produce. Bring a large pot of salted water to a boil. Quarter zucchini lengthwise, then cut into ½-inch pieces. Halve, peel, and dice onion. Mince garlic. Strip 2 tsp thyme leaves from stems; discard stems. Roughly chop leaves.

#### COOK BEEF

Heat a drizzle of **olive oil** in a large pan over medium-high heat. Add **beef**, breaking up meat into pieces. Cook, tossing, until browned but not yet cooked through, 4-5 minutes. Season with **salt** and **pepper**.



#### COOK PENNE

Once water is boiling, add **penne** to pot. Cook, stirring occasionally, until al dente, 9-11 minutes. Carefully scoop out and reserve ½ **cup pasta cooking water**, then drain.



## START RAGÙ

Add **onion** and **zucchini** to pan with **beef**. Cook, tossing, until softened, about 5 minutes. Toss in **garlic**, **thyme**, **soy sauce**, and half the **Italian seasoning** (use the other half as you like). Cook until fragrant, about 30 seconds.



# SIMMER RAGÙ

Add **tomatoes** and reserved **pasta cooking water** to pan. Bring to a boil, then reduce heat and let simmer until thick and saucy, about 5 minutes. Season with **salt** and **pepper**. **TIP:** If you have time, let the ragù simmer longer. It'll just get better!



**6** Add **penne** to pan with **ragù** and toss to combine. Divide everything between plates, then sprinkle with **Parmesan**. Drizzle with **pepperolio** (to taste—it's spicy).

### -AWESOME SAUCE!

Pasta, tomatoes, and beef are a guaranteed dinnertime win.

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