BEEF RAGÙ SPAGHETTI with Zucchini and Italian Seasoning



HELLO QUICK RAGÙ

No need for hours of slow simmering: this red sauce is ready in a flash.















Spaghetti Pasta Parmesan Cheese



Italian Seasoning

Diced Tomatoes

PREP: 10 MIN TOTAL: 30 MIN

CALORIES: 800

Ground Beef Yellow Onion

30.2 Tomato Garlic Ragu_NJ.indd 1 7/5/17 4:11 PM

START STRONG

Pepperolio is a chili-infused olive oil with a feisty, fiery kick. Drizzle it sparingly and to taste, especially if you like to keep things mild. Also, it can solidify at cool temperatures, so warm it up first if it does.

BUST OUT

- Large pot
- Large pan
- Strainer

• Garlic

• Olive oil (1 tsp | 2 tsp)



Ingredient 2-person | 4-person

• Zucchini 1 | 2

• Yellow Onion 1 | 1

• Ground Beef 10 oz | 20 oz

2 Cloves | 4 Cloves

• Ground Beer 10 62 | 20 6

• Spaghetti Pasta 6 oz | 12 oz

Italian Seasoning
 Diced Tomatoes
 1 tsp | 2 tsp
 1 Can | 2 Cans

• Parmesan Cheese 1/4 Cup | 1/2 Cup

Pepperolio
 1tsp | 2 tsp





Come si dice?! Rosso Salento Primitivo, 2015

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Wash and dry all produce. Bring a large pot of salted water to a boil. Quarter zucchini lengthwise, then cut into ½-inch-thick pieces. Halve, peel, and dice onion. Mince or grate garlic.



2 COOK BEEF
Heat a drizzle of olive oil in a large
pan over medium heat. Add ground
beef, breaking up meat into pieces. Cook
until browned but not entirely cooked
through, 4-5 minutes. Carefully pour out
and discard any excess oil in pan. Season
with salt and pepper.



BOIL SPAGHETTI
Once water is boiling, add spaghetti
to pot. Cook, stirring occasionally, until
al dente, 9-11 minutes. Scoop out and
reserve ½ cup pasta cooking water,
then drain. TIP: Draining pasta is super
easy with a vertical-handle colander. Get
one for next time at HelloFresh.com/Shop



Add onion and zucchini to pan with beef. Cook, tossing, until softened, about 5 minutes. Add garlic and Italian seasoning. Toss until fragrant, about 30 seconds.



Add tomatoes and ½ cup pasta cooking water to same pan. Bring to a boil, then lower heat and let simmer 5 minutes. Season with salt and pepper.

TIP: Let ragù simmer longer if you have time—it will just get better.



FINISH AND SERVE
Toss spaghetti with ragù in pan to combine. Divide between plates and sprinkle with Parmesan. Drizzle with pepperolio (to taste—it's spicy. We recommend using 1 tsp).

AWESOME SAUCE!-

Pasta, tomatoes, and beef are a guaranteed dinnertime win.

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