

BASIL-OIL-TOPPED PARMESAN RISOTTO

with Balsamic Tomatoes and Zucchini



HELLO -**BASIL OIL**

A sweet and aromatic drizzle for your rich risotto



Veggie Stock Concentrates











Parmesan Cheese (Contains: Milk)

PREP: 10 MIN TOTAL: 45 MIN CALORIES: 550



Tuscan Heat Spice



Zucchini



Balsamic Vinegar

15.8 PARMESAN RISOTTO WITH BASIL OIL_NJ.indd 1 1/1/1398 AP 2:43 PM

START STRONG

Serve your risotto the Italian way: on hot plates. Set your oven to its lowest heat setting and put the plates in for 5 minutes to warm. This will keep the rice toasty, the way it's meant to be.

BUST OUT

- Medium pot
- 2 Large pans
- Vegetable oil (1 tsp | 2 tsp)
- Butter (1 TBSP | 2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 2-person | 4-person

Veggie Stock Concentrates
 2 | 4

• Scallions 2 | 4

Arborio Rice
 3/4 Cup | 11/2 Cups

Tuscan Heat Spice 1 TBSP | 2 TBSP

Grape Tomatoes
 4 oz | 8 oz

• Zucchini 1 2

Basil Oil
 5 tsp | 10 tsp

• Balsamic Vinegar 5 tsp | 10 tsp

Parmesan Cheese
 ¼ Cup | ½ Cup

WINE CLUB

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PREP
Bring 5 cups water and stock
concentrates to a boil in a medium
pot. Once boiling, reduce heat to
low. Meanwhile, wash and dry all
produce. Trim and thinly slice scallions,
separating whites from greens.



MAKE RISOTTO
Heat a drizzle of oil in a large high-sided
pan over medium heat. Add scallion whites
and cook until softened, 1-2 minutes. Add
rice and 2 tsp Tuscan Heat Spice. Stir
until rice is translucent, 1-2 minutes. Add
½ cup stock to pan; stir until liquid has
mostly absorbed. Repeat with remaining
stock, adding ½ cup at a time and stirring
until liquid has mostly absorbed, until al
dente and creamy, 30-35 minutes. TIP:
Depending on the size of your pan, you
may need a little more or a little less liquid.



Once risotto has cooked for 25 minutes, halve **tomatoes**. Trim and dice **zucchini** into ½-inch pieces. Heat a drizzle of **basil oil** (about 1 tsp) in a second large pan over medium-high heat. Add zucchini and remaining **Tuscan Heat Spice**. Cook, stirring, until lightly browned and tender, 4-6 minutes.



FINISH VEGGIES
Add tomatoes and 1 TBSP vinegar
(we sent more) to pan. Cook, stirring,
until tomatoes have softened, 2-3
minutes. Season with salt and pepper.
Turn off heat.



FINISH RISOTTO
Once risotto is al dente, stir in 1
TBSP butter and half the Parmesan.
Taste and season with salt and pepper.



ADD TOPPINGS AND SERVE Divide risotto between bowls. Top with veggies. Garnish with scallion greens and remaining Parmesan. Drizzle with remaining basil oil (to taste).

SPICE IT UP

If you've got some chili flakes on hand, sprinkle your risotto with a pinch for an extra kick.

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