

AMAZING APRICOT CHICKEN

with Fingerling Potatoes and Green Beans



HELLO **APRICOT BALSAMIC SAUCE**

Stone-fruit sweetness meets vinegary twang



Fingerling Potatoes







Apricot Jam







PREP: 10 MIN TOTAL: 35 MIN

CALORIES: 500

Green Beans

Chicken Breasts Balsamic Vinegar

Chicken Stock Concentrate

26.6 Seared Chicken with Apricot Sauce_FAM_NJ.indd 1 6/7/17 2:48 PM

START STRONG

Want to know the secret to extratoasty roasted potatoes? Put your baking sheet into the oven before turning it on. When those spuds hit that hot surface, they'll begin to sizzle and crisp.

BUST OUT

- 2 Baking sheets
- Large pan
- Paper towel
- Olive oil (7 tsp)
- Butter (2 TBSP) (Contains: Milk)

INGREDIENTS

Ingredient 4-person

Fingerling Potatoes	24 oz
Green Beans	12 oz
• Shallot	1
Chicken Breasts	24 oz
• Thyme	1⁄4 o z
Balsamic Vinegar	4 TBSP
Apricot Jam	2 TBSP

· Chicken Stock Concentrate

HELLO WINE



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PREHEAT OVEN AND ROAST POTATOES

Wash and dry all produce. Preheat oven to 425 degrees. Cut potatoes in half lengthwise. Toss on a baking sheet with a large drizzle of olive oil and a pinch of salt and pepper. Roast until tender and lightly browned, 20-25 minutes, tossing halfway through.



Heat a large drizzle of olive oil in a large pan over medium-high heat. Pat chicken dry with a paper towel, then season all over with salt and pepper.

Add to pan and cook until no longer pink in center, 4-5 minutes per side. Remove from pan and set aside to rest.



ROAST GREEN BEANS
Toss green beans on another baking sheet with a large drizzle of olive oil and a pinch of salt and pepper. Roast in oven until slightly crispy, about 12 minutes.



PREP SHALLOT
Halve and peel **shallot**, then finely mince.



Add shallot, thyme, and a drizzle of olive oil to same pan over medium heat.
Cook, tossing, until shallot is soft, 2-3 minutes. Stir in balsamic vinegar and apricot jam. Let simmer until syrupy, about 1 minute. Stir in ½ cup water and stock concentrate. Simmer until thickened, about 3 minutes. Remove pan from heat, add 2 TBSP butter, and stir or gently swirl pan until melted.



PLATE AND SERVE
Discard thyme from pan. Season
sauce with salt and pepper. Thinly slice
chicken. Divide chicken, green beans,
and potatoes between plates. Drizzle
sauce over chicken and serve.

FANTASTIC!

Apricot jam and balsamic vinegar are a dream team together.

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