

Ritz Bits Cheese Sandwich Crackers



Nutrition Facts

Serving Size 1 pack (28g)
 Servings Per Container 12

Amount Per Serving
Calories 150 Calories from Fat 80

| | % Daily Value* |
|---------------------|----------------|
| Total Fat 8g | 12% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |

Cholesterol 0mg **0%**

Sodium 130mg **5%**

Potassium 60mg **0%**

Total Carbohydrate 16g **5%**

Dietary Fiber 0g **0%**

Sugars 4g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Ingredients: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Canola Oil, Palm Oil, Sugar, Whey, Leavening (Baking Soda and/or Calcium Phosphate), Cheddar Cheese Powder (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Salt, Sodium Phosphate, Natural Flavor, Soy Lecithin, Yeast Extract, Cornstarch, Turmeric and Annatto Extracts (For Color).

Contains: Milk, Soy, Wheat.

Manufactured on equipment that processes peanut.

Jif To Go Peanut Butter Dipping Cup



Nutrition Facts

36 servings per container
Serving size 1 - 1.5 oz cup (43g)

Amount per serving
Calories 250

% Daily Value*

Total Fat 21g **27%**

Saturated Fat 4.5g **22%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 11g **4%**

Dietary Fiber 3g **11%**

Total Sugars 4g

Includes 3g Added Sugars **5%**

Protein 9g

Vitamin D 0mcg 0%

Calcium 22mg 2%

Iron 1mg 4%

Potassium 241mg 6%

Vitamin E 2mg 15%

Niacin 6mg 40%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Peanuts, Sugar, 2% or Less of: Molasses, Fully Hydrogenated Vegetable Oils (Rapeseed and Soybean), Mono and Diglycerides, Salt.

Contains: Peanuts

Lance Sandwich Crackers - Nekot



| Nekt® Cookies | | | | | |
|---|--|--------------------------|--------------|-------------------------------|----------------|
| Nutrition Facts | | Amount/serving | % DV | Amount/serving | % DV |
| 8 servings per container | | Total Fat 11g | 13% | Sodium 200mg | 9% |
| Serving size 1 Package (49.5g) | | Saturated Fat 2.5g | 13% | Total Carbohydrate 33g | 12% |
| Calories per serving 240 | | Trans Fat 0g | | Dietary Fiber less than 1g | 3% |
| | | Polyunsaturated Fat 3g | | Total Sugars 12g | |
| | | Monounsaturated Fat 4.5g | | Incl. 11g Added Sugars | 22% |
| | | Cholesterol 0mg | 0% | Protein 4g | |
| | | Vitamin D 0% | • Calcium 0% | • Iron 8% | • Potassium 2% |

INGREDIENTS: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Peanut Butter (Roasted Peanuts), Vegetable Oil (Contains one or more of the following: Soybean Oil, Palm Oil, Canola Oil), Dextrose, Corn Syrup, Salt, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate), Soy Lecithin (Emulsifier), Deproteinized Dairy Whey, Artificial Flavor.

CONTAINS: Milk, Soy, Peanuts, Wheat.

Lance Sandwich Crackers - Captain's Wafers



| Cream Cheese & Chives on Captain's Wafers® | | | | | |
|---|--|--------------------------|--------------|-------------------------------|----------------|
| Nutrition Facts | | Amount/serving | % DV | Amount/serving | % DV |
| 8 servings per container | | Total Fat 11g | 14% | Sodium 270mg | 12% |
| Serving size 1 Package (39g) | | Saturated Fat 3.5g | 18% | Total Carbohydrate 22g | 8% |
| Calories per serving 190 | | Trans Fat 0g | | Dietary Fiber less than 1g | 2% |
| | | Polyunsaturated Fat 3g | | Total Sugars 5g | |
| | | Monounsaturated Fat 3.5g | | Incl. 3g Added Sugars | 6% |
| | | Cholesterol 0mg | 0% | Protein 2g | |
| | | Vitamin D 0% | • Calcium 4% | • Iron 6% | • Potassium 0% |

INGREDIENTS: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Contains one or more of the following: Palm Oil, Soybean Oil, Canola Oil), Deproteinized Dairy Whey, Sugar, Buttermilk, Corn Syrup Solids, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Salt, Corn Syrup, Cream Cheese (Pasteurized Milk and Cream, Cheese Cultures, Salt, Stabilizers [Xanthan, Carob Bean, Guar Gum]), Sodium Caseinate, Spices (Chives & Parsley), Nonfat Dry Milk, Natural and Artificial Flavor, Soy Lecithin, Peanut Oil.

CONTAINS: WHEAT, MILK, SOY, PEANUT

Lance Sandwich Crackers - Toasty



| Toasty™ | | | | |
|---------------------------------|---|---------------------|-------------------------------|---------------------|
| Nutrition Facts | Amount/serving | % DV | Amount/serving | % DV |
| | 8 servings per container Serving size 1 Package (36.5g) | Total Fat 9g | 12% | Sodium 240mg |
| Saturated Fat 2g | | 10% | Total Carbohydrate 21g | 8% |
| Trans Fat 0g | | | Dietary Fiber less than 1g | 3% |
| Polyunsaturated Fat 3.5g | | | Total Sugars 4g | |
| Monounsaturated Fat 4g | | | Incl. 3g Added Sugars | 6% |
| Calories per serving 180 | Cholesterol 0mg | 0% | Protein 4g | |
| | Vitamin D 0% • Calcium 2% • Iron 6% • Potassium 0% | | | |

INGREDIENTS: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Peanut Butter (Roasted Peanuts), Vegetable Oil (Contains one or more of the following: Soybean Oil, Palm Oil, Canola Oil), Dextrose, Sugar, Salt, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Corn Syrup, Deproteinized Dairy Whey, Soy Lecithin.

CONTAINS: Milk, Soy, Peanuts, Wheat.

Lance Sandwich Crackers - Toast Chee



| Toastchee® | | | | |
|---------------------------------|--|----------------------|-------------------------------|---------------------|
| Nutrition Facts | Amount/serving | % DV | Amount/serving | % DV |
| | 12 servings per container Serving size 1 Package (43g) | Total Fat 11g | 15% | Sodium 330mg |
| Saturated Fat 2.5g | | 12% | Total Carbohydrate 25g | 9% |
| Trans Fat 0g | | | Dietary Fiber less than 1g | 3% |
| Polyunsaturated Fat 4g | | | Total Sugars 5g | |
| Monounsaturated Fat 4.5g | | | Incl. 4g Added Sugars | 7% |
| Calories per serving 220 | Cholesterol 0mg | 0% | Protein 5g | |
| | Vitamin D 0% • Calcium 4% • Iron 8% • Potassium 2% | | | |

INGREDIENTS: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Peanut Butter (Roasted Peanuts), Vegetable Oil (Contains one or more of the following: Soybean Oil, Palm Oil, Canola Oil), Dextrose, Sugar, Salt, Leavening (Sodium Bicarbonate, Monocalcium Phosphate, Ammonium Bicarbonate), Corn Syrup, Deproteinized Dairy Whey, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Yellow 6, Soy Lecithin.

CONTAINS: Milk, Soy, Peanuts, Wheat.

Nature Valley Fruit & Nut Trail Mix Granola Bar



Ingredients: Whole Grain Oats, Corn Syrup, Almonds, Raisins, Sugar, Roasted Peanuts, Rice Flour, Vegetable Glycerin, Cranberries, Canola Oil, Fructose, Corn Starch, Soy Lecithin, Salt, Barley Malt Extract, Baking Soda, Natural Flavor, Mixed Tocopherols Added to Retain Freshness.

CONTAINS ALMOND, PEANUT AND SOY; MAY CONTAIN SUNFLOWER INGREDIENTS.

| Nutrition Facts | |
|-------------------------------|-----------|
| Serving Size 1 bar (35g) | |
| Servings Per Container 48 | |
| Amount Per Serving | |
| Calories | 140 |
| Calories from Fat | 35 |
| % Daily Value* | |
| Total Fat 4g | 6% |
| Saturated Fat 0.5g | 2% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 65mg | 3% |
| Total Carbohydrate 25g | 8% |
| Dietary Fiber 2g | 8% |
| Sugars 7g | |
| Protein 3g | |
| Iron | 2% |

Not a significant source of vitamin A, vitamin C and calcium.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories 2,000 | 2,500 |
|--------------------|-------------------|---------|
| Total Fat | Less than 65g | 80g |
| Sat Fat | Less than 20g | 25g |
| Cholesterol | Less than 300mg | 300mg |
| Sodium | Less than 2,400mg | 2,400mg |
| Total Carbohydrate | 300g | 375g |
| Dietary Fiber | 25g | 30g |

Pringles Grab & Go Variety Pack



| Nutrition Facts | CHEDDAR CHEESE | ORIGINAL | SOUR CREAM & ONION |
|---------------------------|-----------------------|-----------------------|-----------------------|
| | Naturally Flavored | ORIGINAL | Flavored |
| Servings per container | 6 | 6 | 6 |
| Serving size | 1 Tub (21g/0.74 oz) | (19g/0.67 oz) | (21g/0.74 oz) |
| Amount per serving | | | |
| Calories | 110 | 100 | 110 |
| | % Daily Value* | % Daily Value* | % Daily Value* |
| Total Fat | 7g 9% | 6g 8% | 7g 9% |
| Saturated Fat | 2g 10% | 1.5g 8% | 2g 10% |
| Trans Fat | 0g | 0g | 0g |
| Cholesterol | 0mg 0% | 0mg 0% | 0mg 0% |
| Sodium | 135mg 6% | 105mg 5% | 120mg 5% |
| Total Carbohydrate | 12g 4% | 11g 4% | 12g 4% |
| Dietary Fiber | <1g 2% | 0g 0% | <1g 2% |
| Total Sugars | <1g | 0g | <1g |
| Includes Added Sugars | 0g 0% | 0g 0% | 0g 0% |
| Protein | <1g | <1g | <1g |
| Vitamin D | 0mcg 0% | 0mcg 0% | 0mcg 0% |
| Calcium | 10mg 0% | 0mg 0% | 0mg 0% |
| Iron | 0.1mg 0% | 0.1mg 0% | 0.1mg 0% |
| Potassium | 80mg 0% | 80mg 0% | 80mg 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

CHEDDAR CHEESE INGREDIENTS: DRIED POTATOES, VEGETABLE OIL (CORN, COTTONSEED, HIGH OLEIC SOYBEAN, AND/OR SUNFLOWER OIL), DEGERMINATED YELLOW CORN FLOUR, CORNSTARCH, RICE FLOUR, MALTODEXTRIN, MONO- AND DIGLYCERIDES, CONTAINS 2% OR LESS OF WHEY, SALT, MONOSODIUM GLUTAMATE, COCONUT OIL, SUGAR, NATURAL FLAVORS, ONION POWDER, CITRIC ACID, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), BLUE CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), BUTTERMILK, BUTTER (CREAM, SALT), LACTIC ACID, NONFAT MILK, PAPRIKA EXTRACT COLOR, DISODIUM INOSINATE, DISODIUM GUANYLATE, TURMERIC EXTRACT COLOR, YEAST EXTRACT, AUTOLYZED YEAST EXTRACT, WHEAT STARCH. **CONTAINS MILK AND WHEAT INGREDIENTS.**

ORIGINAL INGREDIENTS: DRIED POTATOES, VEGETABLE OIL (CORN, COTTONSEED, HIGH OLEIC SOYBEAN, AND/OR SUNFLOWER OIL), DEGERMINATED YELLOW CORN FLOUR, CORNSTARCH, RICE FLOUR, MALTODEXTRIN, MONO- AND DIGLYCERIDES, SALT, WHEAT STARCH. **CONTAINS WHEAT INGREDIENTS.**

SOUR CREAM & ONION INGREDIENTS: DRIED POTATOES, VEGETABLE OIL (CORN, COTTONSEED, HIGH OLEIC SOYBEAN, AND/OR SUNFLOWER OIL), DEGERMINATED YELLOW CORN FLOUR, CORNSTARCH, RICE FLOUR, MALTODEXTRIN, MONO- AND DIGLYCERIDES, CONTAINS 2% OR LESS OF SALT, WHEY, SOUR CREAM (CREAM, NONFAT MILK, CULTURES), MONOSODIUM GLUTAMATE, ONION POWDER, COCONUT OIL, DEXTROSE, SUGAR, NATURAL FLAVORS, NONFAT MILK, CITRIC ACID, SODIUM CASEINATE, LACTIC ACID, YEAST EXTRACT, DISODIUM INOSINATE, DISODIUM GUANYLATE, BUTTERMILK, MALIC ACID, INVERT SUGAR, CULTURED NONFAT MILK, CREAM, WHEAT STARCH. **CONTAINS MILK AND WHEAT INGREDIENTS.**

Planters Peanuts & Cashews Variety Pack



HONEY ROASTED PEANUTS

| Nutrition Facts | |
|---------------------------|------------|
| 6 servings per container | |
| Serving size 1 pack (49g) | |
| Amount per serving | |
| Calories | 280 |
| % Daily Value* | |
| Total Fat 23g | 36% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |
| Polyunsaturated Fat 7g | |
| Monounsaturated Fat 11g | |
| Cholesterol 0mg | 0% |
| Sodium 150mg | 6% |
| Total Carbohydrate 12g | 4% |
| Dietary Fiber 4g | 14% |
| Total Sugars 6g | |
| Includes 4g Added Sugars | 8% |
| Protein 12g | 12% |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 2.9mg | 15% |
| Potassium 320mg | 8% |
| Vitamin E 25% | |

SALTED CASHEWS

| Nutrition Facts | |
|---------------------------|------------|
| 6 servings per container | |
| Serving size 1 pack (42g) | |
| Amount per serving | |
| Calories | 240 |
| % Daily Value* | |
| Total Fat 19g | 28% |
| Saturated Fat 3.5g | 17% |
| Trans Fat 0g | |
| Polyunsaturated Fat 3.5g | |
| Monounsaturated Fat 10g | |
| Cholesterol 0mg | 0% |
| Sodium 150mg | 6% |
| Total Carbohydrate 13g | 3% |
| Dietary Fiber 1g | 5% |
| Total Sugars 3g | |
| Includes 0g Added Sugars | 0% |
| Protein 8g | 12% |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 2.9mg | 15% |
| Potassium 290mg | 6% |

SALTED PEANUTS

| Nutrition Facts | |
|---------------------------|------------|
| 12 servings per container | |
| Serving size 1 pack (49g) | |
| Amount per serving | |
| Calories | 290 |
| % Daily Value* | |
| Total Fat 25g | 32% |
| Saturated Fat 3.5g | 16% |
| Trans Fat 0g | |
| Polyunsaturated Fat 8g | |
| Monounsaturated Fat 13g | |
| Cholesterol 0mg | 0% |
| Sodium 180mg | 8% |
| Total Carbohydrate 8g | 3% |
| Dietary Fiber 4g | 15% |
| Total Sugars 2g | |
| Includes 0g Added Sugars | 0% |
| Protein 13g | 13% |
| Vitamin D 0mcg | 0% |
| Calcium 50mg | 4% |
| Iron 2.3mg | 15% |
| Potassium 360mg | 8% |

HONEY ROASTED PEANUTS INGREDIENTS: PEANUTS, SUGAR, PEANUT OIL, HONEY, CORN SYRUP, SEA SALT, FRUCTOSE, CORNSTARCH, XANTHAN GUM. **CONTAINS:** PEANUT. **MAY CONTAIN:** TREE NUTS.

SALTED CASHEWS INGREDIENTS: CASHEWS, SEA SALT, PEANUT OIL. **CONTAINS:** CASHEW. **MAY CONTAIN:** PEANUT, OTHER TREE NUTS.

SALTED PEANUTS INGREDIENTS: PEANUTS, PEANUT OIL, SEA SALT. **CONTAINS:** PEANUT. **MAY CONTAIN:** TREE NUTS.

Nature's Garden Healthy Snack Mix Variety Pack



Heart Healthy Mix

| Nutrition Facts | |
|---|--|
| Servings: 1, Serv. size: 1 package (34g) | |
| Amount per serving: Calories 180 , Total Fat 13g (17% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g , Cholesterol 0mg (0% DV), Sodium 10mg (0% DV), Total Carb. 13g (5% DV), Fiber 2g (7% DV), Total Sugars 9g (Incl. 6g Added Sugars, 12% DV), Protein 4g , Vitamin D 0% (0% DV), Calcium 2% (2% DV), Iron 6% (6% DV), Potassium 2% (2% DV). | |
| Percent Daily Values are based on a 2,000 calorie diet. | |

Omega-3 Deluxe Mix

| Nutrition Facts | |
|--|--|
| Servings: 1, Serv. size: 1 package (34g) | |
| Amount per serving: Calories 180 , Total Fat 13g (17% DV), Sat. Fat 1.5g (8% DV), Trans Fat 0g , Cholesterol 0mg (0% DV), Sodium 0mg (0% DV), Total Carb. 13g (5% DV), Fiber 2g (7% DV), Total Sugars 9g (Incl. 8g Added Sugars, 16% DV), Protein 4g , Vitamin D 0% (0% DV), Calcium 2% (2% DV), Iron 6% (6% DV), Potassium 2% (2% DV), Vitamin E 8% (8% DV), Niacin 8% (8% DV), Magnesium 10% (10% DV). Percent Daily Values are based on a 2,000 calorie diet. | |

Cranberry Health Mix

| Nutrition Facts | |
|---|--|
| Servings: 1, Serv. size: 1 package (34g) | |
| Amount per serving: Calories 160 , Total Fat 10g (13% DV), Sat. Fat 1g (5% DV), Trans Fat 0g , Cholesterol 0mg (0% DV), Sodium 0mg (0% DV), Total Carb. 16g (6% DV), Fiber 2g (7% DV), Total Sugars 11g (Incl. 6g Added Sugars, 12% DV), Protein 4g , Vitamin D 0% (0% DV), Calcium 2% (2% DV), Iron 6% (6% DV), Potassium 4% (4% DV), Vitamin E 15% (15% DV), Niacin 10% (10% DV), Magnesium 15% (15% DV). Percent Daily Values are based on a 2,000 calorie diet. | |

Heart Healthy Mix Ingredients: Cranberries (Sugar, Sunflower Oil), Walnuts, Raw Almonds, Brazil Nuts, Hazelnuts, Raw Pepitas. **Contains:** Tree Nuts.

Omega-3 Deluxe Mix Ingredients: Cranberries (Sugar, Sunflower Oil), Walnuts, Unsalted Almonds (Roasted in Peanut and/or Canola Oil), Raw Pepitas, Pecans, Raw Pistachios. **Contains:** Tree Nuts.

Cranberry Health Mix Ingredients: Cranberries (Sugar, Sunflower Oil), Walnuts, Raw Almonds, Black Raisins (Sunflower Oil), Golden Raisins (Sulfur Dioxide), Unsalted Peanuts (Roasted in Peanut Oil), Raw Pepitas, Raw Sunflower Seeds. **Contains:** Tree Nuts, Peanuts.

Allergy Information: Packed and processed in a facility that packages peanuts, tree nuts, milk, soy, wheat, egg products. May contain pits, shell pieces or other naturally occurring objects.

KAR'S Sweet 'N Spicy Trail Mix



| Nutrition Facts | |
|-------------------------------|-------------------------------|
| 1 servings per container | |
| Serving Size | 1 package/1.75oz (50g) |
| Amount per serving | |
| Calories | 260 |
| | % Daily Value* |
| Total Fat 19g | 24% |
| Saturated Fat 2.5g | 13% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 240mg | 10% |
| Total Carbohydrate 18g | 7% |
| Dietary Fiber 3g | 11% |
| Total Sugars 8g | |
| Included 7g Added Sugars | 14% |
| Protein 9g | |
| Vitamin D 0mcg | 0% |
| Calcium 40mg | 4% |
| Iron 1.6mg | 8% |
| Potassium 230mg | 4% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BUTTER TOFFEE PEANUTS (ROASTED PEANUTS (PEANUTS, CORN OIL), SUGAR, SALTED BUTTER [PASTEURIZED CREAM (MILK), SALT], SALT), HOT PEANUTS (PEANUTS [PEANUTS, EXPELLER PRESSED SUNFLOWER OIL], HOT SEASONING [SALT, SUGAR, SPICES, CORN SYRUP SOLIDS, ONION POWDER, GARLIC POWDER, EXTRACTIVE OF PAPRIKA, SPICE EXTRACTIVE WITH NOT MORE THAN 2% SILICON DIOXIDE- A PROCESSING AID]), HONEY ROASTED PEANUTS (PEANUTS, SUGAR, PEANUT OIL, MALTODEXTRIN, HONEY, SALT), HONEY SESAME STICKS (YELLOW CORN MASA, SOYBEAN OIL, SESAME SEEDS, HONEY COATING [SUGAR, CORN STARCH, HONEY], POTATO STARCH, TACK BLEND [MALTODEXTRIN, XANTHAN GUM], SALT, BEET POWDER [COLOR], TURMERIC [COLOR]), HOT CAJUN CORN STICKS (YELLOW CORN MASA, SOYBEAN OIL, CAJUN SEASONING [MALTODEXTRIN, SALT, SPICES & HERBS, ONION POWDER, TOMATO POWDER, GARLIC POWDER, NATURAL FLAVORING, GREEN PEPPER POWDER, CORNSTARCH- MODIFIED]).

CONTAINS: MILK, PEANUTS, AND SESAME.

MAY CONTAIN: SOY, TREE NUTS.

KAR'S Yogurt Apple Nut Trail Mix



| Nutrition Facts | |
|-------------------------------|------------------------------|
| 1 serving per container | |
| Serving Size | 1 package/1.5oz (43g) |
| Amount per serving | |
| Calories | 210 |
| | % Daily Value* |
| Total Fat 13g | 17% |
| Saturated Fat 2.5g | 13% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 160mg | 7% |
| Total Carbohydrate 20g | 7% |
| Dietary Fiber 2g | 7% |
| Total Sugars 13g | |
| Included 8g Added Sugars | 16% |
| Protein 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 40mg | 4% |
| Iron 1.1mg | 6% |
| Potassium 170mg | 4% |

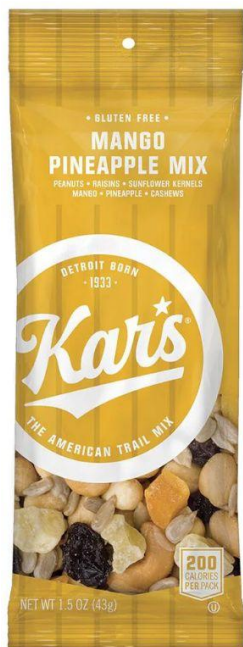
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GREEK YOGURT FLAVORED COVERED RAISINS (YOGURT FLAVORED COATING [SUGAR, PALM KERNEL OIL AND/OR PALM OIL, NONFAT DRY MILK, WHEY POWDER, NONFAT YOGURT POWDER {CULTURED WHEY, NONFAT MILK}, TITANIUM DIOXIDE {COLOR}, SOY LECITHIN {AN EMULSIFIER}, LACTIC ACID, VANILLA], RAISINS, LESS THAN 1% OF NATURAL FLAVORS, GUM ACACIA, CORN SYRUP, CONFECTIONER'S GLAZE [SHELLAC]), HONEY ROASTED SESAME STICKS (YELLOW CORN MASA, SOYBEAN OIL, SESAME SEEDS, HONEY COATING [SUGAR, CORN STARCH, HONEY], POTATO STARCH, TACK BLEND [MALTODEXTRIN, XANTHAN GUM], SALT, BEET POWDER [COLOR], TURMERIC [COLOR]), PEANUTS (PEANUTS, EXPELLER PRESSED SUNFLOWER OIL, SEA SALT), BUTTER TOFFEE PEANUTS (ROASTED PEANUTS [PEANUTS, CORN OIL], SUGAR, SALTED BUTTER [PASTEURIZED CREAM (MILK), SALT], SALT), DRIED CINNAMON APPLES (APPLES, SUGAR, CITRIC ACID, CINNAMON), HONEY ROASTED PEANUTS (PEANUTS, SUGAR, PEANUT OIL, MALTODEXTRIN, HONEY, SALT), ALMONDS (ALMONDS, EXPELLER PRESSED SUNFLOWER OIL, SEA SALT).

CONTAINS: ALMONDS, MILK, PEANUTS, SESAME, SOY.

MAY CONTAIN: OTHER TREE NUTS.

KAR'S Mango Pineapple Trail Mix



| Nutrition Facts | |
|-------------------------------|------------------------------|
| 1 serving per container | |
| Serving Size | 1 package/1.5oz (43g) |
| Amount per serving | |
| Calories | 200 |
| % Daily Value* | |
| Total Fat 12g | 15% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 25mg | 1% |
| Total Carbohydrate 20g | 7% |
| Dietary Fiber 2g | 7% |
| Total Sugars 14g | |
| Included 4g Added Sugars | 8% |
| Protein 6g | |
| Vitamin D 0mcg | 0% |
| Calcium 30mg | 2% |
| Iron 1.4mg | 8% |
| Potassium 220mg | 4% |
| Vitamin E 3.3mg | 20% |

* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUTS (PEANUTS, EXPELLER PRESSED SUNFLOWER OIL), RAISINS, SUNFLOWER KERNELS (SUNFLOWER KERNELS, EXPELLER PRESSED SUNFLOWER OIL), DRIED MANGO (MANGO, SUGAR, CITRIC ACID, ARTIFICIAL COLOR [YELLOW 6 AND YELLOW 5], SULFUR DIOXIDE), DRIED PINEAPPLE (PINEAPPLE, SUGAR, CITRIC ACID, SULFUR DIOXIDE), CASHEWS (CASHEWS, EXPELLER PRESSED SUNFLOWER OIL).

CONTAINS: CASHEWS, PEANUTS.

MAY CONTAIN: OTHER TREE NUTS.

Second Nature Wholesome Medley Mixed Nuts



| Nutrition Facts | |
|-------------------------------|------------------------------------|
| 1 servings per container | |
| Serving size | 1 package/ 1.5 ounces (43g) |
| Amount Per Serving | |
| Calories | 210 |
| % Daily Value* | |
| Total Fat 13g | 17% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 50mg | 2% |
| Total Carbohydrate 21g | 8% |
| Dietary Fiber 3g | 11% |
| Total Sugars 16g | |
| Includes 13g Added Sugars | 26% |
| Protein 5g | |
| Vitamin D 0mcg | 0% |
| Calcium 30mg | 2% |
| Iron 0.8mg | 4% |
| Potassium 180mg | 4% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUTS (PEANUTS, PEANUT AND/OR SUNFLOWER OIL, SALT), DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), DARK CHOCOLATE CHUNKS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, SALT AND VANILLA), ALMONDS (ALMONDS, PEANUT AND/OR SUNFLOWER OIL), CASHEWS (CASHEWS, PEANUT AND/OR SUNFLOWER OIL, SALT), DRIED CHERRIES (TART CHERRIES, SUGAR, SUNFLOWER OIL).

CONTAINS: ALMONDS, CASHEWS, PEANUTS, AND SOY. MAY CONTAIN MILK AND OTHER TREE NUTS.