

HELLO

FAST & FRESH

A super-speedy meal designed by our chefs that delivers a delicious dinner to your table in 15 minutes or less!

BUST OUT

2 PERSON | 4 PERSON

- · Medium pot
- Paper towels

Strainer

- · Large pan
- Kosher salt
- Black pepper
- Cooking oil (1 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP)
 Contains: Milk

MORE IS MORE

If you upgraded your meal to double your protein or veggies, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. To cook 3-serving or 6-serving recipes, refer to the separate MORE IS MORE card for all the info you'll need!

For HelloCustom nutritional information, please refer to HelloFresh.com.



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP OR GIVE US A CALL AT (646) 846-3663.

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SWEET & SPICY SHRIMP LO MEIN

Snap Peas, Bok Choy, Cabbage, Cilantro & Peanuts





CALORIES: 610





1 PREP



4 oz | 8 oz Sugar Snap Peas



1 | 2 Lime





4.5 oz | 9 oz Lo Mein Noodles Contains: Wheat

- Bring a medium pot of salted water to a boil. Wash and dry produce.
- Trim and remove strings from snap peas. Quarter lime. Roughly chop cilantro.
- Once water is boiling, add noodles to pot. Cook, stirring occasionally, until al dente, 5-7 minutes. Drain and set aside.



2 SIZZLE







1 tsp | 2 tsp Garlic Powder



4 oz | 8 oz Bok Choy and Napa Cabbage

- While noodles cook, rinse shrimp* under cold water, then pat dry.
 Season all over with garlic powder.
- Drizzle oil in a hot large pan. Add shrimp, snap peas, and bok choy and napa cabbage. Cook, stirring occasionally, until veggies are browned and tender and shrimp are opaque and cooked through, 4-6 minutes.



3 MIX



4 TBSP | 8 TBSP Sweet Soy Glaze Contains: Sesame, Soy, Wheat



1 oz | 2 oz Sweet Thai Chili Sauce



1 tsp | 2 tsp Korean Chili Flakes

- Stir sweet soy glaze, chili sauce, 1 TBSP butter (2 TBSP for 4), and chili flakes to taste into pan with shrimp and veggies. Cook, stirring, until coated, 1-2 minutes. Remove from heat.
- Stir in drained noodles and juice from two lime wedges (four wedges for 4) until thoroughly coated and combined. Taste

and season with **salt** and **pepper**. (For 4, transfer everything to a large bowl to combine.)

4 SERVE



½ oz | 1 ozPeanuts

Contains: Peanuts

 Garnish lo mein with peanuts and cilantro. (TIP: For an extra-nutty crunch, toast peanuts in a hot dry pan!) Serve with remaining lime wedges on the side.

