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HelloCustom

If you chose to modify your meal, follow the **HelloCustom** instructions on the flip side of this card.



G Calories: 970



10 oz | 20 oz S Chopped Chicken Breast 10 oz | 20 oz Shrimp Contains: Shellfish

🚱 Calories: 890

PENNE RUSTICA WITH A KICK

tossed with Asparagus & topped with Crispy Panko



PREP: 10 MIN COOK: 25 MIN CALORIES: 770



HELLO

CRISPY PANKO ALMONDS

This butter-toasted topping adds a delicious crunch.

SNAP TO IT

Trimming asparagus is a snap-literally. Hold the spears near the bottom ends and bend until they break.

BUST OUT

 Large pot 	 Large pan
 Strainer 	 Small bowl

- Strainer
- Zester
- Kosher Salt Butter Contains: Milk
- Black Pepper
- Olive Oil

MORE IS MORE

If you upgraded your meal to double your protein or veggies and/or ordered 6 servings, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. (For 6-person meals, triple the amounts in the 2-person recipe.)

For HelloCustom nutritional information, please refer to HelloFresh.com

HOW WAS YOUR MEAL?



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*Poultry is fully cooked when internal temperature reaches 165° Shellfish is fully cooked when internal temperature reaches 145°



1 COOK PASTA

- Bring a large pot of salted water to a boil.
- Once boiling, add penne to pot. Cook, stirring occasionally, until al dente, 9-11 minutes.
- Reserve 1/2 cup pasta cooking water (1 cup for 4 servings), then drain.



2 PREP & MAKE TOPPING

- Meanwhile, wash and dry produce.
- Zest and guarter lemon. Trim and discard woody bottom ends from **asparagus**; cut stalks crosswise into 1-inch-long pieces. Dice tomato. Trim and thinly slice scallions, separating whites from greens.
- Melt **1 TBSP plain butter** in a large pan over medium-high heat. Add panko and almonds; season with salt and pepper. Cook, stirring, until golden brown, 3-4 minutes.
- Turn off heat. Stir in a **pinch of lemon zest** and a pinch of chili flakes. Transfer to a small bowl



3 COOK VEGGIES

- · Heat a drizzle of olive oil in same pan over medium-high heat. Add **asparagus** and cook, stirring often, until bright green and tender. 2-4 minutes.
- Add tomato and cook, stirring, until slightly softened, 1-2 minutes. Season with salt and pepper.
- G While veggies cook, rinse shrimp* under
- cold water and pat dry with paper towels or open package of chicken* and drain off any excess liquid. Season with salt and pepper. Heat a drizzle of oil in a separate large pan over medium-high heat. Add shrimp or chicken in a single layer; cook, stirring occasionally, until cooked through, 4-6 minutes.



6 SERVE

• Divide pasta between bowls. Sprinkle with panko mixture and remaining Parmesan. Add a drizzle of olive oil over bowls.

4 TOSS PASTA

 Add drained penne, garlic herb butter, cream cheese, half the Parmesan (save the rest for serving), and ¹/₃ cup reserved pasta cooking water (1/2 cup for 4 servings) to pan with veggies; stir until thoroughly combined. Season with salt and pepper.



5 FINISH PASTA

- Add scallion whites, remaining lemon zest, 1 TBSP plain butter (2 TBSP for 4 servings), and as many remaining chili flakes as you like to pan with **pasta**. Cook, stirring, until everything is thoroughly coated in sauce, 1-2 minutes. TIP: If needed, stir in more reserved pasta cooking water a splash at a time.
- Turn off heat; stir in a squeeze of lemon juice to taste. Taste and season with salt and pepper.
- Stir in shrimp or chicken along with
- scallion whites.