



# PAN-SEARED SCALLOPS & LEMON BUTTER SAUCE

with Crème Fraîche Mashed Potatoes & Roasted Asparagus

## INGREDIENTS

2 PERSON | 4 PERSON



12 oz | 24 oz  
Potatoes\*



2 Cloves | 4 Cloves  
Garlic



¼ oz | ¼ oz  
Chives



1 | 1  
Lemon



2 TBSP | 4 TBSP  
Crème Fraîche  
Contains: Milk



6 oz | 12 oz  
Asparagus



1 tsp | 1 tsp  
Smoked Paprika



8 oz | 16 oz  
Jumbo Sea  
Scallops  
Contains: Shellfish



1 | 2  
Seafood Stock  
Concentrate  
Contains: Fish,  
Shellfish



1 tsp | 1 tsp  
Chili Flakes



ANY ISSUES WITH YOUR ORDER?  
WE'D BE SIMMERING LIKE STEW OVER  
THERE TOO. SCAN HERE TO GET HELP  
OR GIVE US A CALL AT (646) 846-3663.



\*The ingredient you received may be a different color.

HELLO

## LEMON BUTTER SAUCE

This rich blend provides the perfect hit of acidity over scallops.



PREP: 10 MIN | COOK: 35 MIN | CALORIES: 480



## SIZZLE TEST

The best way to ensure your pan is hot enough? Start by adding a single scallop. If it doesn't sizzle, wait and try again.

## BUST OUT

- Zester
- Baking sheet
- Medium pot
- Paper towels
- Strainer
- Large pan
- Potato masher
- Aluminum foil

- Kosher salt
- Black pepper
- Olive oil (4 tsp | 4 tsp)
- Butter (2 TBSP | 4 TBSP)  
Contains: Milk

## MORE IS MORE

If you upgraded your meal to double your protein or veggies and/or ordered 6 servings, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. (For 6-person meals, triple the amounts in the 2-person recipe.)

For HelloCustom nutritional information, please refer to HelloFresh.com.

## HOW WAS YOUR MEAL?



Scan here to rate your recipe!



Share your [#HelloFreshPics](#) with us [@HelloFresh](#)

\*Scallops are fully cooked when internal temperature reaches 145°.



### 1 PREP

- Adjust rack to middle position and preheat oven to 425 degrees. **Wash and dry produce.**
- Dice **potatoes** into ½-inch pieces. Peel **garlic**; finely chop half and leave remaining whole. Thinly slice **chives**. Zest and quarter **lemon**.



### 4 COOK SCALLOPS

- Meanwhile, pat **scallops\*** dry with paper towels. Season all over with **half the paprika (all for 4 servings), salt, and pepper.**
- Heat a **large drizzle of olive oil** in a large, preferably nonstick, pan over medium-high heat. Add scallops and cook until opaque and cooked through, 3-5 minutes per side.
- Turn off heat; transfer to a plate. Tent with foil to keep warm. Wipe out pan.



### 2 MAKE MASHED POTATOES

- Place **potatoes** and **whole garlic** in a medium pot with enough **salted water to cover by 2 inches**. Bring to a boil and cook until potatoes are tender, 15-20 minutes. Reserve **½ cup potato cooking liquid**, then drain and return potatoes to pot.
- Mash with **crème fraîche** and **1 TBSP butter (2 TBSP for 4 servings)** until smooth, adding splashes of reserved potato cooking liquid as needed. Season with **salt and pepper.**
- Keep covered off heat until ready to serve.



### 5 MAKE SAUCE

- Heat a **drizzle of olive oil** in same pan over medium heat. Add **chopped garlic** and **half the lemon zest (all for 4 servings)**. Cook until fragrant, 30 seconds.
- Add **stock concentrate, a big squeeze of lemon juice, and ¼ cup water (½ cup for 4)**. Simmer until slightly reduced, 1-2 minutes.
- Turn off heat; season with **salt and pepper.**
- Stir in **1 TBSP butter (2 TBSP for 4)** and **half the chives.**



### 3 ROAST ASPARAGUS

- While potatoes cook, trim and discard woody bottom ends from **asparagus**. Toss on a baking sheet with a **drizzle of olive oil, a pinch of chili flakes, and salt.**
- Roast on middle rack until tender and lightly browned, 10-12 minutes.



### 6 SERVE

- Divide **scallops, mashed potatoes, and asparagus** between plates. Top scallops with **sauce**. Garnish dish with **remaining chives**. Serve with **remaining lemon wedges** on the side.