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# **BANH MI-STYLE PORK MEATBALL BOWLS**

with Pickled Veggie Salad, Ginger Rice & Chili Mayo



PREP: 10 MIN COOK: 30 MIN CALORIES: 870

6



# HELLO

### BANH MI-STYLE MEATBALLS

Aromatic pork meatballs are served over rice with classic banh mi sandwich toppings: crisp pickled veggies, creamy mayo, and fragrant cilantro.

## THE RICE IS RIGHT

The key to tender rice? Simmer until no water remains (no peeking!), then let it sit covered off heat so the moisture redistributes.

## **BUST OUT**

Medium bowl

Small bowl

- Small pot
- 2 Large bowls
- Baking sheet
- Kosher salt
- Black pepper
- Cooking oil (1 tsp | 1 tsp)
- Sugar (1/2 tsp | 1 tsp)
- Butter (1 TBSP | 2 TBSP) Contains: Milk

# MORE IS MORE

If you upgraded your meal to double your protein or veggies and/or ordered 6 servings, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. (For 6-person meals, triple the amounts in the 2-person recipe.)

For HelloCustom nutritional information, please refer to HelloFresh.com.

## HOW WAS YOUR MEAL?



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\*Ground Pork is fully cooked when internal temperature reaches 160°.

\*Ground Beef is fully cooked when internal temperature reaches 160°.



#### 1 PREP

- Adjust rack to top position and preheat oven to 425 degrees. Wash and dry produce.
- Peel and mince or grate **ginger**. Peel and mince **garlic**. Trim and halve **cucumber** lengthwise; thinly slice crosswise into half-moons. Finely chop **cilantro**.



#### 2 COOK RICE

- Melt 1 TBSP butter (2 TBSP for 4 servings) in a small pot over medium-high heat. Add half the ginger; cook until fragrant, 30 seconds.
- Stir in **rice**, **34 cup water** (1½ cups for 4), and a **pinch of salt**. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



# **3 FORM & COOK MEATBALLS**

- While rice cooks, in a large bowl, combine pork\*, panko, ponzu, garlic, remaining ginger, salt (we used ¾ tsp; 1½ tsp for 4 servings), and pepper.
- Form mixture into 10-12 1½-inch meatballs (20-24 meatballs for 4 servings) and place on a lightly oiled baking sheet.
- Roast on top rack until browned and cooked through, 14-16 minutes.
- Swap in **beef**\* for pork.



# 4 MAKE SALAD & MIX MAYO

- While meatballs cook, in a medium bowl, combine cucumber, carrots, half the cilantro, and ¼ of the vinegar. Season with salt and pepper.
- In a small bowl, combine mayonnaise, ¼ of the vinegar, and up to half the chili sauce to taste (save the rest for the next step).



## **5 MAKE SAUCE & TOSS**

- In a second large bowl, combine
  2½ TBSP sweet soy glaze (5 TBSP for
  4 servings), ½ tsp sugar (1 tsp for 4),
  and remaining chili sauce to taste. (Be
  sure to measure the sweet soy glaze we sent more!)
- Once meatballs are done, carefully transfer to large bowl with sauce; toss to coat.



# 6 FINISH & SERVE

- Fluff rice with a fork; season with salt and pepper.
- Divide rice between bowls and top with **meatballs**, any **remaining sauce** from bowl, and **pickled veggie salad**. Drizzle with **chili mayo**. Garnish with **remaining cilantro** and serve.

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