

#### **INGREDIENTS** 2 PERSON | 4 PERSON 1 | 1 1 2 1 2 Red Onion Lemon Tomato 3 TBSP | 6 TBSP 1 2 1tsp 1tsp Mini Cucumber Dried Oregano Sour Cream **Contains: Milk** 4 TBSP | 8 TBSP 1 tsp | 2 tsp 10 oz | 20 oz Yogurt Garlic Powder Diced Chicken Contains: Milk Thighs 1 TBSP | 1 TBSP 2 4 Shawarma Spice Pitas Blend Contains: Sesame, Wheat ∎ùì∎ ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP! < **HelloCustom** 2 PERSON | 4 PERSON If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



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# **CHICKEN THIGH SHAWARMA PITA BAR**

with sides & toppings for everyone to build their perfect plate



PREP: 5 MIN COOK: 20 MIN CALORIES: 550



## HELLO

## **BUILD-A-PLATE**

Delight everyone's palates with this super-customizable meal! If you chose to add extras, you can serve up feta cheese for a flavorful topping!

### **IN A PICKLE**

Microwaving sliced onion in lemon juice helps the sugar and salt dissolve quickly and speeds up the pickling process.

#### **BUST OUT**

• 3 Small bowls	• Large pan
<ul> <li>Plastic wrap</li> </ul>	<ul> <li>Paper towels</li> </ul>

- Kosher salt
- Black pepper
- Sugar (½ tsp | 1 tsp)
- Olive oil (1 tsp | 2 tsp)
- Cooking oil (1 tsp | 1 tsp)



If you upgraded your meal to double your protein or veggies and/or ordered 6 servings, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. (For 6-person meals, triple the amounts in the 2-person recipe.) For HelloCustom nutritional information, please

refer to HelloFresh.com.

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*Chicken is fully cooked when internal temperature reaches 165°.
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## 1 PREP

Wash and dry produce.

 Halve, peel and thinly slice half the onion (all for 4 servings). Quarter lemon. Dice tomato into ½-inch pieces. Trim and dice cucumber.



#### **2 MAKE TOPPINGS**

- In a small microwave-safe bowl, combine sliced onion, ½ tsp sugar (1 tsp for 4 servings), juice from half the lemon, and a large pinch of salt. Cover with plastic wrap; microwave for 60 seconds. Set aside to pickle, stirring occasionally.
- In a separate small bowl, combine **tomato**, **cucumber**, **half the oregano**, and a **drizzle of olive oil** (all the oregano and a large drizzle of olive oil for 4). Season with **salt** and **pepper**.
- In a third small bowl, combine sour cream, yogurt, and half the garlic powder (you'll use the rest of the garlic powder in the next step). Season with salt and pepper. Stir in water 1 tsp at a time until mixture reaches a drizzling consistency.



#### **3 COOK CHICKEN**

- Open package of chicken\* and drain off any excess liquid.
- Heat a drizzle of oil in a large pan over medium-high heat. Add chicken in a single layer; season with half the Shawarma Spice Blend (all for 4 servings), remaining garlic powder, salt, and pepper. Cook, stirring occasionally, until browned and cooked through, 4-6 minutes. TIP: If you added any other items to your meal (apps, sides, and/or dessert), you can get started on them now!



#### **4 FINISH & SERVE**

- Wrap **pitas** in damp paper towels and microwave until warm and pliable, 60 seconds.
- Serve pickled onion (draining first), tomato-cucumber salad, white sauce, chicken, pitas, and remaining lemon wedges family style so everyone can build their own plate.