

# HelloFresh Add On Caesar Salad and Honey Butter Cornbread

| <h1>Nutrition Facts</h1>  |                  | Honey Butter Cornbread | Caesar Chop Salad     |
|---------------------------|------------------|------------------------|-----------------------|
|                           |                  | 2<br>1 piece (108g)    | 2<br>1/2 salad (158g) |
| servings per container    |                  |                        |                       |
| <b>Serving size</b>       |                  |                        |                       |
| Amount per serving        |                  |                        |                       |
| <b>Calories</b>           |                  | <b>400</b>             | <b>300</b>            |
|                           |                  | <b>% Daily Value*</b>  | <b>% Daily Value*</b> |
| <b>Total Fat</b>          | 20g              | <b>26%</b>             | 25g <b>32%</b>        |
| Saturated Fat             | 4g               | <b>20%</b>             | 6g <b>30%</b>         |
| Trans Fat                 | 0g               |                        | 0g                    |
| <b>Cholesterol</b>        | 50mg             | <b>17%</b>             | 25mg <b>8%</b>        |
| <b>Sodium</b>             | 480mg            | <b>21%</b>             | 400mg <b>17%</b>      |
| <b>Total Carbohydrate</b> | 50g              | <b>18%</b>             | 14g <b>5%</b>         |
| Dietary Fiber             | 2g               | <b>7%</b>              | 3g <b>11%</b>         |
| Total Sugars              | 24g              |                        | 2g                    |
| Includes Added Sugars     | 4g               | <b>8%</b>              | 0g <b>0%</b>          |
| <b>Protein</b>            | 6g               |                        | 6g                    |
|                           | <b>Vitamin D</b> | 0.6mcg <b>4%</b>       | 0mcg <b>0%</b>        |
|                           | <b>Calcium</b>   | 40mg <b>4%</b>         | 140mg <b>10%</b>      |
|                           | <b>Iron</b>      | 1.2mg <b>6%</b>        | 1.6mg <b>8%</b>       |
|                           | <b>Potassium</b> | 60mg <b>2%</b>         | 290mg <b>6%</b>       |

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Honey Butter Cornbread:** (water, enriched WHEAT flour (WHEAT flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), SOYBEAN oil, yellow cornmeal, EGGS, light brown sugar, sugar, honey, BUTTERMILK, contains 2% or less of: food starch - modified, leavening (sodium acid pyrophosphate), mono- and diglycerides, natural flavor, nonfat MILK, SOY lecithin, vital WHEAT gluten, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), salt).  
**Contains:** Eggs, Milk, Soy, Wheat.

**Caesar Chopped Salad Kit:** (romaine lettuce, caesar dressing (soybean oil, water, parmesan cheese (pasteurized MILK, cheese cultures, salt, enzymes), EGG yolks, red wine vinegar, contains less than 2% of worcestershire sauce (distilled vinegar, molasses, sugar, onion, ANCHOVY, garlic, spice, tamarind extract, natural flavors, chili pepper extract), lemon juice concentrate, mustard bran, ANCHOVY extract, xanthan gum, dehydrated onion, dehydrated garlic), cheese and garlic crouton crumbles (enriched WHEAT flour (WHEAT flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sunflower oil, organic WHEAT flakes, palm oil shortening, sea salt, whey powder, cheese powder (cheese, whey powder), maltodextrin, yeast extract, yeast, garlic powder, dehydrated parsley, natural flavor, citric acid, spices, rosemary extract), parmesan cheese (parmesan cheese (pasteurized MILK, cheese culture, powdered cellulose (to prevent caking), potato starch (to prevent caking))).  
**Contains:** Anchovies, Eggs, Milk, Wheat