



# SAN ANTONIO BEEF BOWLS

with Blue Corn Tortilla Chips, Fresh Salsa & Lime Crema

## INGREDIENTS

2 PERSON | 4 PERSON



1 | 2  
Tomato



1 | 1  
Red Onion



1 | 1  
Lime



1 | 1  
Jalapeño



1 Clove | 2 Cloves  
Garlic



½ Cup | 1 Cup  
Jasmine Rice



10 oz | 20 oz  
Ground Beef\*\*



1 TBSP | 2 TBSP  
Southwest Spice Blend



1 | 2  
Tomato Paste



1 | 2  
Beef Stock Concentrate



1½ TBSP | 3 TBSP  
Sour Cream  
Contains: Milk



¼ Cup | ½ Cup  
Monterey Jack Cheese  
Contains: Milk



1.5 oz | 3 oz  
Blue Corn Tortilla Chips  
Contains: Sesame



ANY ISSUES WITH YOUR ORDER?  
WE'D BE SIMMERING LIKE STEW OVER  
THERE TOO. SCAN HERE TO GET HELP!

\*\*In our ongoing effort toward sustainability, we're working on reducing plastic in your order! You may have received 4 servings of protein in one package—rest assured it contains the correct amount.



## HelloCustom

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



1 | 2  
Tofu  
Contains: Soy  
Calories: 800



10 oz | 20 oz  
Chopped Chicken Breast  
Calories: 800



PREP: 10 MIN | COOK: 30 MIN | CALORIES: 980



## BUST OUT

- Zester
- Small pot
- 2 Small bowls
- Large pan
- Paper towels

- Kosher salt
  - Black pepper
  - Olive oil (1 TBSP | 1 TBSP)
  - Butter (2 TBSP | 3 TBSP)
- Contains: Milk

## MORE IS MORE

If you upgraded your meal to double your protein or veggies and/or ordered 6 servings, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. (For 6-person meals, triple the amounts in the 2-person recipe.)

For HelloCustom nutritional information, please refer to HelloFresh.com.



### 1 PREP

- **Wash and dry produce.**
- Finely dice **tomato**. Halve, peel, and thinly slice **onion**; finely chop a few slices until you have 2 TBSP. Zest and quarter **lime**. Halve, deseed, and finely chop **jalapeño**. (TIP: Leave seeds in for more spice!) Peel and finely chop **garlic**.

- Open and drain **tofu**; press out excess water with paper towels. Halve crosswise, then stand tofu upright and halve vertically. Lay flat and cut into ¾-inch cubes.



### 2 COOK RICE

- In a small pot, combine **rice**, ¾ cup water (1½ cups for 4 servings), and a **big pinch of salt**. Bring to a boil, then cover and reduce heat to low. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to serve.



### 3 MAKE SALSA

- While rice cooks, in a small bowl, combine **tomato**, **chopped onion**, **half the lime zest**, a **squeeze of lime juice**, a **drizzle of olive oil**, and as much **jalapeño** as you like.
- Season generously with **salt** and **pepper**. Set aside.



### 4 START BEEF

- Heat a **large drizzle of olive oil** in a large pan over medium-high heat. Add **sliced onion** and a **big pinch of salt**. Cook, stirring, until slightly softened, 2-3 minutes.
- Add **beef\***, **garlic**, **Southwest Spice Blend**, and another **big pinch of salt**. TIP: If you like things spicy, add any remaining jalapeño.
- Using a spatula, arrange beef into an even layer. Cook, undisturbed, until browned on bottom, 3-4 minutes. Break up into pieces; cook, stirring occasionally, until beef is cooked through, 3-4 minutes more. TIP: If there's excess grease in your pan, carefully pour it out.

- Open package of **chicken\*** and drain off any excess liquid. Swap in **tofu** or chicken for beef (no need to break up into pieces!).



### 5 FINISH BEEF

- To pan with **beef**, stir in **tomato paste** and **stock concentrate**, then add ¼ cup water (½ cup for 4 servings). Cook until slightly thickened, 1-2 minutes more.
- Stir in **1 TBSP butter** until melted; turn off heat.



### 6 MAKE CREMA

- While beef cooks, in a second small bowl, combine **sour cream** with a **squeeze of lime juice**. Season with **salt** and **pepper**. Add **water** 1 tsp at a time until mixture reaches a drizzling consistency.



### 7 FINISH & SERVE

- Fluff **rice** with a fork; stir in **remaining lime zest** and **1 TBSP butter** (2 TBSP for 4 servings). Season with **salt** and **pepper**.
- Divide rice between bowls. Top with **beef mixture**, **Monterey Jack**, **salsa**, and **crema**. Serve with **tortilla chips** and **remaining lime wedges** on the side.

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\*Ground Beef is fully cooked when internal temperature reaches 160°.

\*Chicken is fully cooked when internal temperature reaches 165°.

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