



# KICKIN' CAJUN PORK SAUSAGE STUFFED PEPPERS

with Pepper Jack & Hot Sauce Crema

## INGREDIENTS

2 PERSON | 4 PERSON



½ Cup | 1 Cup  
Jasmine Rice



2 | 4  
Bell Peppers\*



2.5 oz | 5 oz  
Celery



2 | 4  
Scallions



9 oz | 18 oz  
Italian Pork Sausage



1 TBSP | 1 TBSP  
Cajun Spice Blend



1 | 2  
Chicken Stock Concentrate



½ Cup | 1 Cup  
Pepper Jack Cheese  
Contains: Milk



1½ TBSP | 3 TBSP  
Sour Cream  
Contains: Milk



1 tsp | 2 tsp  
Hot Sauce



ANY ISSUES WITH YOUR ORDER?  
WE'D BE SIMMERING LIKE STEW OVER  
THERE TOO. SCAN HERE TO GET HELP!

\*The ingredient you received may be a different color.



## HelloCustom

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



9 oz | 18 oz  
Italian Chicken Sausage Mix  
Calories: 770



10 oz | 20 oz  
Ground Turkey  
Calories: 750



PREP: 10 MIN | COOK: 35 MIN | CALORIES: 810



# HELLO FRESH

## HELLO

### HALL OF FAME

Meet one of our all-star recipes: a tried-and-true favorite chosen by home cooks like you!

### HOT TAKE

Take care when working with your hot-from-the-oven peppers. We recommend using tongs to hold them while stuffing.

### BUST OUT

- Small pot
- Large pan
- Baking sheet
- Small bowl

- Kosher salt
  - Black pepper
  - Cooking oil (4 tsp | 8 tsp)
  - Olive oil (1 tsp | 1 tsp)
  - Butter (1 TBSP | 2 TBSP)
- Contains: Milk

### MORE IS MORE

If you upgraded your meal to double your protein or veggies and/or ordered 6 servings, you may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues. (For 6-person meals, triple the amounts in the 2-person recipe.)

For HelloCustom nutritional information, please refer to HelloFresh.com.

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\*Pork Sausage is fully cooked when internal temperature reaches 160°.

\*Chicken Sausage is fully cooked when internal temperature reaches 165°.

\*Ground Turkey is fully cooked when internal temperature reaches 165°.



### 1 COOK RICE

- Adjust rack to middle position and preheat oven to 425 degrees. **Wash and dry produce.**
- Melt **1 TBSP butter (2 TBSP for 4 servings)** in a small pot over medium-high heat. Add **rice, ¾ cup water (1½ cups for 4)**, and a **pinch of salt**. Bring to a boil, then cover and reduce to a low simmer. Cook until rice is tender, 15-18 minutes.
- Keep covered off heat until ready to use in step 4.



### 4 FINISH FILLING & STUFF PEPPERS

- Add **stock concentrate** and **½ cup water (½ cup for 4 servings)** to pan with **sausage mixture**; simmer, stirring occasionally, until slightly thickened, 1-2 minutes.
- Add **cooked rice**; stir until thoroughly combined. Turn off heat.
- Once **bell peppers** are done, remove from oven. Carefully flip and stuff each half with as much **filling** as will fit.
- Place **stuffed peppers** in pan with remaining filling, nestling each into mixture. **(TIP: If your pan isn't ovenproof, transfer stuffed peppers and extra filling to a small baking dish.)** Evenly sprinkle with **pepper jack**.



### 2 ROAST PEPPERS & PREP

- Meanwhile, halve **bell peppers** lengthwise; remove stems and seeds.
- Place bell peppers on a baking sheet and drizzle each half with **oil**; rub to coat. Season with **salt** and **pepper**. Arrange cut sides down. Roast until browned and softened, 18-20 minutes.
- Meanwhile, finely dice **celery**. Trim and thinly slice **scallions**, separating whites from greens.



### 5 BAKE PEPPERS & MAKE CREMA

- Bake **stuffed peppers** on middle rack until cheese melts, 3-4 minutes.
- Meanwhile, in a small bowl, combine **sour cream** with **hot sauce** to taste. Add **water** 1 tsp at a time until mixture reaches a drizzling consistency.



### 3 START FILLING

- Remove **pork sausage\*** from casing if necessary; discard casing. Heat a **drizzle of olive oil** in a large, preferably ovenproof, pan over medium-high heat. Add sausage and cook, breaking up meat into pieces, until browned, 4-5 minutes.
- Add **celery** and **scallion whites**; cook, stirring, until veggies are slightly softened and sausage is cooked through, 2-3 minutes.
- Season with **half the Cajun Spice Blend (all for 4 servings)**, **salt**, and **pepper**; cook, stirring, until fragrant, 30-60 seconds more.

- Swap in **chicken sausage\*** or **turkey\*** for pork sausage.



### 6 SERVE

- Divide **remaining filling** between plates and top with **stuffed peppers**. Drizzle with **hot sauce crema** and garnish with **scallion greens**. Serve with any **remaining hot sauce** on the side.

WK 24-18