

# **INGREDIENTS**

2 PERSON | 4 PERSON



12 oz | 24 oz Potatoes\*



10 oz | 20 oz Ground Pork



2 TBSP | 4 TBSP Maple Syrup



11/2 TBSP | 3 TBSP Sour Cream Contains: Milk



¼ Cup | ½ Cup Panko Breadcrumbs **Contains: Wheat** 



1 tsp | 2 tsp Garlic Powder



Brussels Sprouts



12 ml | 24 ml Ponzu Sauce Contains: Fish. Soy, Wheat



2 tsp | 4 tsp Dijon Mustard



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

\*The ingredient you received may be a different color.

\*\*In our ongoing effort toward sustainability, we're working on reducing plastic in your order! You may have received 4 servings of protein in one package rest assured it contains the correct amount.



# **HelloCustom**

2 PERSON | 4 PERSON

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.

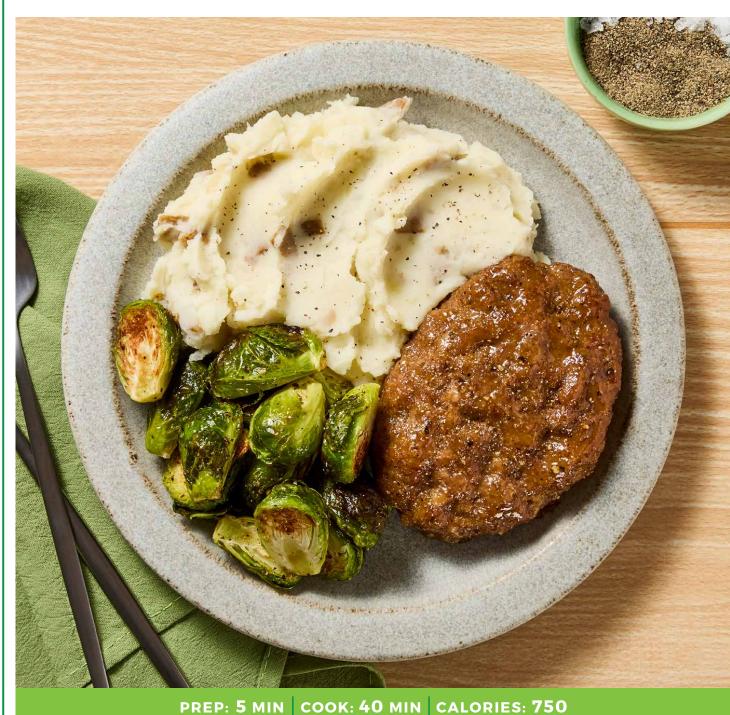


10 oz | 20 oz Ground Beef\*\*



# **MAPLE-DIJON PORK MEATLOAVES**

with Roasted Brussels Sprouts & Mashed Potatoes





# HELLO

#### **DIJON MUSTARD**

Pungent yet balanced, this classic French condiment adds a flavorful punch to everything.

#### **BEST SPUDS**

Our trick for the smoothest-ever mashed potatoes? Always save some potato cooking liquid and add a few splashes when mashing.

#### **BUST OUT**

- Medium pot
- Large bowl
- Strainer
- · Baking sheet
- Potato masher
  Small bowl
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)
- Butter (1 TBSP | 2 TBSP) Contains: Milk

#### **MORE IS MORE**

If you ordered 6 servings, simply triple the amounts in the 2-person recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.

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\*Ground Pork is fully cooked when internal temperature reaches 160°





### **1 MAKE MASHED POTATOES**

- Adjust rack to top position (top and middle positions for 4 servings) and preheat oven to 425 degrees. Wash and dry produce.
- Dice **potatoes** into ½-inch pieces; place in a medium pot with enough salted water to cover by 2 inches. Bring to a boil and cook until tender. 15-20 minutes.
- Reserve 1/2 cup potato cooking liquid, then drain. Return potatoes to pot and mash with sour cream and 1 TBSP butter (2 TBSP for 4) until smooth and creamy, adding splashes of reserved potato cooking liquid as needed. Season with salt and pepper.



#### 2 PREP

• While potatoes cook, trim and halve Brussels sprouts lengthwise.



# **3 FORM LOAVES**

- In a large bowl, combine pork\*, panko, ponzu, half the maple syrup, half the garlic powder (you'll use the rest of the syrup and garlic powder later), salt (we used 34 tsp; 114 tsp for 4 servings), and pepper.
- Form mixture into two 1-inch-tall loaves. (four loaves for 4).
- Place **meatloaves** on one side of a lightly oiled baking sheet. (For 4, spread meatloaves out across entire sheet.) TIP: Line sheet with foil first for easier cleanup.



Swap in **beef\*** for pork.



#### **4 ROAST LOAVES & SPROUTS**

- Toss **Brussels sprouts** on empty side of baking sheet with a drizzle of oil, salt, and pepper. (For 4 servings, toss Brussels sprouts on a second sheet: roast meatloaves on middle rack and Brussels sprouts on top rack.)
- Roast on top rack until meatloaves are mostly cooked through and Brussels sprouts are browned and tender. 20 minutes. (The meatloaves will finish cooking in the next step: if Brussels sprouts finish first, remove from oven and continue roasting meatloaves.)



#### **5 GLAZE LOAVES**

- Meanwhile, in a small bowl, combine mustard, remaining maple syrup, and remaining garlic powder. Season with salt and pepper.
- Once meatloaves and Brussels sprouts have roasted 20 minutes, remove from oven and brush meatloaves with glaze. Return to oven until glaze is tacky and meatloaves are cooked through, 3-5 minutes more.



 Divide meatloaves, Brussels sprouts. and mashed potatoes between plates. Serve.