

INGREDIENTS

2 PERSON | 4 PERSON



1 | 2 Zucchini



1|1 Lemon



9 oz | 18 oz Spinach Ricotta Ravioli Contains: Eggs, Milk, Wheat



1 | 2 Veggie Stock Concentrate



1 | 2 Tomato



2 | 2 Scallions



1 TBSP | 1 TBSP Italian Seasoning



3 TBSP | 6 TBSP Sour Cream Contains: Milk



3 TBSP | 6 TBSP Parmesan Cheese Contains: Milk



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!



HelloCustom

If you chose to modify your meal, follow the **HelloCustom** instructions on the flip side of this card.



10 oz | 20 oz S Chicken Cutlets



10 oz | 20 oz Salmon Contains: Fish



Galories: 880

GARDEN SPINACH RICOTTA RAVIOLI

with Zucchini Ribbons, Tomato & Creamy Lemon Sauce



PREP: 10 MIN COOK: 15 MIN CALORIES: 530

9



HELLO

SPINACH RICOTTA RAVIOLI

Tender pasta pillows stuffed with creamy cheese and hearty greens

RIBBON WINNER

If you don't have a peeler, we suggest very thinly slicing your zucchini lengthwise (still rotating as you go) in Step 1.

BUST OUT

- Medium pot
- Strainer
- Peeler
- Large pan
- Zester
- Paper towels 6 6
- Kosher salt
- Black pepper
- Olive oil (2 tsp | 2 tsp)
- Cooking oil (1 tsp | 1 tsp) 😉 😌
- Butter (1 TBSP | 2 TBSP)

 Contains: Milk

MORE IS MORE

If you ordered 6 servings, simply triple the amounts in the 2-person recipe. You may need to cook in batches or larger cooking vessels. Remember: Larger batches may = longer cook times, so follow the visual and temperature cues.

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- \$ *Chicken is fully cooked when internal temperature
- (5) *Salmon is fully cooked when internal temperature reaches 145°.



1 PREP

- Bring a medium pot of salted water to a boil. Wash and dry produce.
- Trim ends from zucchini; shave zucchini lengthwise into thin ribbons using a peeler, rotating as you go, until you get to the seedy core. Finely chop core.
- Dice tomato. Trim and thinly slice scallions, separating whites from greens. Zest and quarter lemon.



2 COOK PASTA

- Once water is boiling, gently add ravioli to pot. Immediately reduce to a low simmer. Cook, stirring occasionally, until al dente and floating to the top, 4-5 minutes.
- Reserve 1 cup pasta cooking water, then drain. TIP: Gently shake strainer with ravioli in it to remove as much moisture as possible.
- (\$) While pasta cooks, pat chicken* or salmon* dry with paper towels; season with salt and pepper. Heat a drizzle of oil in a large pan over medium-high heat. Add chicken or salmon (skin sides down); cook chicken until cooked through, 3-5 minutes per side, or cook salmon until skin is crisp, 5-7 minutes, then flip and cook until cooked through, 1-2 minutes more. Turn off heat; transfer to a cutting



3 COOK VEGGIES

- Meanwhile, heat a large drizzle of olive oil in a large pan over medium-high heat.
 Add chopped zucchini, tomato, scallion whites, and 1 tsp Italian Seasoning (2 tsp for 4 servings; use the rest of the Italian Seasoning as you like). Cook until veggies are just softened, 1-2 minutes. Season with salt and pepper.
- s Use pan used for chicken or salmon here.
- (3)



4 MAKE SAUCE

- Reduce heat under pan with veggies to medium, then stir in stock concentrate,
 'A cup reserved pasta cooking water
 (½ cup for 4 servings), and a squeeze of lemon juice. Reduce heat to low and cook,
 1-2 minutes.
- Stir in sour cream and 1 TBSP butter (2 TBSP for 4) until melted and combined. Season with salt and pepper. TIP: If needed, stir in more reserved cooking water a splash at a time until sauce reaches a creamy consistency.



5 FINISH PASTA

board. Wipe out pan.

- Separate zucchini ribbons with your hands, then stir into pan with sauce.
- Gently stir in drained ravioli. Simmer until sauce has thickened, 1-2 minutes. Season with salt and pepper. Stir in lemon zest to taste.



6 SERVE

- Divide pasta between bowls. Garnish with scallion greens and Parmesan. Serve with remaining lemon wedges on the side.
- Slice chicken crosswise (skip slicing salmon!). Serve chicken or salmon atop pasta.