





CHINESE SPICY KUNG PAO-STYLE CHICKEN

with Chicken Thighs, Bell Pepper, Peanuts & Jasmine Rice



PREP: 5 MIN COOK: 30 MIN CALORIES: 700



HELLO

KUNG PAO

A classic spicy Chinese stir-fry of chicken, peanuts, bell pepper, and chili flakes

THE THICK OF IT

In Step 5, you'll mix equal parts cornstarch and cold water (hot water = clumpy). This magical liquid thickens sauces and contributes a velvety texture once simmered.

BUST OUT

Large pan

- Small pot
- 3 Small bowls Paper towels (5)
- Whisk
- Kosher salt
- Black pepper
- Sugar (**1 tsp** | **2 tsp**)
- Cooking oil (2 tsp | 2 tsp)



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*Chicken is fully cooked when internal temperature reaches 165°.



4 START CHICKEN

1 COOK RICE

serve

• In a small pot, combine rice, 11/4 cups

water (2¼ cups for 4 servings), and

a pinch of salt. Bring to a boil, then

cover and reduce to a low simmer.

Keep covered off heat until ready to

Cook until rice is tender. 15-18 minutes.

- Open package of **chicken*** and drain off any excess liquid.
- Heat a drizzle of oil in pan used for veggies over medium-high heat. Add chicken and garlic powder; season with salt and pepper. Cook, stirring occasionally, until browned, 3-4 minutes (chicken will finish cooking in the next step).
- Rinse **shrimp*** under cold water, then pat dry with paper towels. Swap in shrimp for chicken.



2 PREP

- While rice cooks, wash and dry produce.
- Core, deseed, and dice **bell pepper** into ½-inch pieces. Trim and thinly slice **scallions**, separating whites from greens.
- In a small bowl, whisk together sweet soy glaze, half the vinegar, half the Szechuan paste, ¾ cup water, and 1 tsp sugar. (For 4 servings, use all the vinegar, all the Szechuan paste, 1½ cups water, and 2 tsp sugar.)



3 COOK VEGETABLES

- Heat a large dry pan over mediumhigh heat. Add **peanuts** and toast, stirring often, until golden brown and fragrant, 2-4 minutes. Transfer to a second small bowl; set aside.
- Heat a drizzle of oil in same pan over medium-high heat. Add bell pepper and scallion whites; season with salt and pepper. Cook, stirring, until browned and tender, 4-5 minutes. Transfer to a third small bowl; set aside.



6 FINISH & SERVE

- Fluff **rice** with a fork; season with **salt** to taste.
- Divide rice and **chicken** between bowls in separate sections. Garnish chicken with **peanuts** and **scallion greens**. Sprinkle with any **remaining chili flakes** to taste and serve.



5 FINISH CHICKEN

- Return **veggies** to pan with **chicken**; stir in **Szechuan sauce mixture** and cook, stirring, until sauce begins to simmer and chicken is cooked through, 1-2 minutes.
- In bowl used for sauce, mix cornstarch with 1 TBSP water (2 TBSP for 4 servings) until dissolved. Stir cornstarch mixture into chicken mixture until combined, then simmer until sauce has thickened slightly, 30-60 seconds.
- Remove pan from heat. Stir in **chili flakes** to taste (we used ½ tsp). TIP: If sauce seems too thick, stir in a splash of water.