



# KIDS' HUMMUS & PITA CHIP SNACK BOARD

with Cheddar, Cucumbers, Tomato, Orange & Waffle Sticks



## INGREDIENTS

3 SERVINGS | 6 SERVINGS



2 | 4

Pitas

Contains: Sesame, Wheat



2 | 4

Mini Cucumbers



1 | 2

Tomato



1 | 2

Orange



1 | 2

Belgian Waffle  
Contains: Eggs, Milk, Wheat



3/4 Cup | 1 1/2 Cups  
Hummus  
Contains: Sesame



3 | 6

Cheddar Cheese  
Snack Slices  
Contains: Milk



ANY ISSUES WITH YOUR ORDER?  
WE'D BE SIMMERING LIKE STEW OVER  
THERE TOO. SCAN HERE TO GET HELP!



## HELLO

## SNACK BOARD

Kids choose from a variety of wholesome tidbits that are perfect for growing palates.

PREP: 10 MIN | COOK: 15 MIN | CALORIES: 570





# HELLO FRESH



## FUTURE FOODIES

Younger kiddos can help wash the fruits and veggies—a great way to get them involved in preparing their own food!

## BUST OUT

- Baking sheet
- Kosher salt
- Black pepper
- Olive oil (2 tsp | 2 tsp)

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### 1 MAKE PITA CHIPS

- Adjust rack to middle position and preheat oven to 425 degrees. **Wash and dry produce.**
- Cut each **pita** into eight triangles.
- Toss pita triangles on a baking sheet with a **large drizzle of olive oil, salt, and pepper.** Bake on middle rack until lightly browned and slightly toasted, 6-10 minutes.
- Remove sheet from oven and set aside to cool. **TIP: Pita chips will crisp up as they cool.**

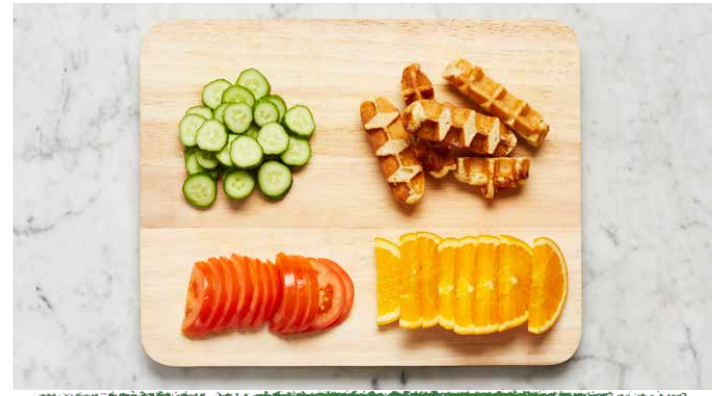
### 3 SERVE OR STASH LUNCH

- **To serve:** Divide **hummus, pita chips, cucumber rounds, tomato slices, orange wedges,** and **cheddar** between plates. Serve **waffle sticks** on the side.
- **To stash:** Refrigerate hummus, pita chips, cucumber rounds, tomato slices, orange wedges, cheddar, and waffle sticks in airtight containers and pack as desired!

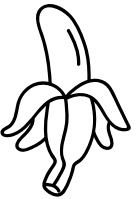


### 2 PREP

- Thinly slice **cucumbers** into rounds.
- Halve **tomato** lengthwise, then lay flat and thinly slice into half-moons.
- Halve **orange**; slice into ½-inch-thick half-moons.
- Cut **waffle** into 1-inch strips.



## WORD SEARCH



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SANDWICH  
 CHICKEN  
 CELERY  
 APPLE  
 CUCUMBER

PIZZA  
 PASTA  
 LEMON  
 SPINACH  
 BANANA

