

INGREDIENTS

2 PERSON | 4 PERSON



4 Slices | 8 Slices Sourdough Bread Contains: Soy, Wheat



1 2

Tomato

1 | 1 16 oz | 16 oz | 16 oz | Refried Black Beans



½ Cup | 1 Cup Guacamole



½ Cup | 1 Cup Mexican Cheese Blend Contains: Milk



2 TBSP | 4 TBSP Smoky Red Pepper Crema



1 tsp | 2 tsp Hot Sauce

7-LAYER DIP AVOCADO TOASTS

with Tomato, Refried Black Beans & Cheese



TOTAL TIME: 10 MIN CAL

CALORIES: 580



BUST OUT

- · Can opener
- · Kosher salt
- Medium bowl
- · Black pepper
- · Plastic wrap

MAKING THE CUT

Squishing tomatoes when slicing or dicing? Use a serrated or bread knife! The teeth on the blade cut through the skin every time.

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7-LAYER DIP AVOCADO TOASTS

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INSTRUCTIONS

- Place **beans** in a medium microwave-safe bowl; cover with plastic wrap. Microwave for 1 minute, then stir. Continue to microwave in 1-minute increments until warmed through.
- · Toast bread until golden brown.
- · While bread is toasting, wash and dry produce.
- Thinly slice tomato into rounds; season with salt and pepper. Core, deseed, and dice half the green pepper (whole pepper for 4 servings) into ¼-inch pieces.
- Place toasted bread slices on a clean work surface. Top with half the beans (all for 4 servings), then layer with guacamole, tomato, diced green pepper, Mexican cheese blend, and red pepper crema. Drizzle with as much hot sauce as you like.
- Divide toasts between plates and serve.