

# **HELLO**

# **FAST & FRESH**

A super-speedy meal designed by our chefs that delivers a delicious dinner to your table in 15 minutes or less!

### **BUST OUT**

- Paper towels
- Plastic wrap
- Large pan
- Small bowl
- Large bowls
- Kosher salt
- Black pepper
- Cooking oil (1 tsp | 1 tsp)
- Butter (2 TBSP | 4 TBSP)
  Contains: Milk



ANY ISSUES WITH YOUR ORDER? WE'D BE SIMMERING LIKE STEW OVER THERE TOO. SCAN HERE TO GET HELP!

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# **THAI CHILI-GLAZED CHICKEN & SWEET POTATOES**

Mixed Greens Salad with Snap Peas, Carrots & Sesame



**BOX TO PLATE: 15 MINUTES** 



CALORIES: 990





### 1 SIZZLE



10 oz | 20 oz Chicken Cutlets

- Pat chicken\* dry; season with salt and pepper.
- Drizzle oil in a hot large pan. Add chicken; cook until browned and cooked through, 3-5 minutes per side. TIP: While chicken cooks, move onto the next step!



### 2 ZAP



12 oz | 24 oz Sweet Potatoes

- Wash and dry produce.
- Cut sweet potatoes into ½-inchthick half-moons (peel if desired).
- Place sweet potatoes in a large microwave-safe bowl; season with salt and pepper. Add 2 TBSP butter (4 TBSP for 4) to bowl and cover with plastic wrap; microwave until tender and steaming,



6-7 minutes. Remove plastic wrap and stir to combine.

## 3 MIX



2 oz | 4 oz Sweet Thai Chili Sauce



4 TBSP | 8 TBSF Mayonnaise Contains: Eggs

 While sweet potatoes cook, mix chili sauce and mayonnaise in a small bowl. Set aside until ready to serve.



## 4 SERVE



4 oz | 8 oz Sugar Snap Peas



4 oz | 8 oz Mixed Greens



4 oz | 8 oz Shredded Carrots



1 TBSP | 2 TBSP Sesame Seeds Contains: Sesame



3 oz | 6 oz Sesame Dressing Contains: Sesame, Soy, Wheat

- Trim and remove strings from **snap peas**.
- In a second large bowl, toss mixed greens, snap peas, shredded carrots, and half the sesame seeds with as much sesame dressing as you like.
- Serve chicken with sweet
   potatoes and salad. Garnish
   sweet potatoes and salad with as many remaining sesame seeds as you
   like. Top chicken with as much chili glaze as you like and serve with any
   remaining chili glaze on the side.

