



MEATBALLS & CREAMY ONION GRAVY

with Charred Peas & Mashed Potatoes

INGREDIENTS

2 PERSON | 4 PERSON



12 oz | 24 oz
Potatoes*



1 | 2
Onion



3 TBSP | 6 TBSP
Sour Cream
Contains: Milk



10 oz | 20 oz
Ground Beef**



¼ Cup | ½ Cup
Panko
Breadcrumbs
Contains: Wheat



1 tsp | 2 tsp
Garlic Powder



1 tsp | 1 tsp
Nutmeg



4 oz | 8 oz
Peas



1 TBSP | 2 TBSP
Flour
Contains: Wheat



2 | 4
Beef Stock
Concentrates



2 TBSP | 4 TBSP
Cream Cheese
Contains: Milk



ANY ISSUES WITH YOUR ORDER?
WE'D BE SIMMERING LIKE STEW OVER
THERE TOO. SCAN HERE TO GET HELP!

*The ingredient you received may be a different color.

**In our ongoing effort toward sustainability, we're working on reducing plastic in your order! You may have received 4 servings of protein in one package—rest assured it contains the correct amount.



HelloCustom

2 PERSON | 4 PERSON

If you chose to modify your meal, follow the HelloCustom instructions on the flip side of this card.



10 oz | 20 oz
Organic Ground Beef**

Calories: 920



PREP: 5 MIN | COOK: 35 MIN | CALORIES: 970



HELLO

NUTMEG

Warming and sweet, this spice adds a gentle kick to creamy gravy.

BEST SPUDS

Our trick for the smoothest-ever mashed potatoes? Always save some potato cooking liquid and add a few splashes when mashing.

BUST OUT

- Box grater
- Medium pot
- Strainer
- Potato masher
- Large bowl
- Baking sheet
- Large pan
- Whisk
- Kosher salt
- Black pepper
- Cooking oil (2 tsp | 2 tsp)
- Butter (4 TBSP | 7 TBSP)
Contains: Milk

GET SOCIAL

Share your #HelloFreshPics
with us @HelloFresh

(646) 846-3663
HelloFresh.com

*Ground Beef is fully cooked when internal temperature reaches 160°.



1 PREP & MASH POTATOES

- Adjust rack to top position and preheat oven to 450 degrees. **Wash and dry produce.**
- Dice **potatoes** into ½-inch pieces. Halve and peel **onion**; grate one half on the largest holes of a box grater. Thinly slice remaining onion.
- Place potatoes in a medium pot with enough **salted water to cover by 2 inches**. Bring to a boil and cook until tender, 15-20 minutes. Reserve **½ cup potato cooking liquid** (¾ cup for 4 servings), then drain.
- Return potatoes to pot and mash with **half the sour cream** (you'll use the rest later) and **2 TBSP butter** (4 TBSP for 4) until smooth and creamy, adding splashes of reserved potato cooking liquid as needed. Season with **salt** and **pepper**.
- Keep covered off heat until ready to serve.



4 START GRAVY

- Heat a **drizzle of oil** in same pan over medium heat. Add **sliced onion** and a **pinch of salt**; cook, stirring occasionally, until onion is browned and softened, 3-6 minutes.
- Add **1 TBSP butter** (2 TBSP for 4 servings) and cook, whisking, until butter melts.
- Sprinkle **flour** over onion; cook, whisking constantly, until lightly browned, 1-2 minutes.



2 FORM & ROAST MEATBALLS

- While potatoes cook, in a large bowl, combine **beef***, **grated onion**, **panko**, **garlic powder**, **¼ tsp nutmeg** (½ tsp for 4 servings), **salt** (we used ¾ tsp, 1½ tsp for 4), and **pepper**. (You'll use more nutmeg later.)
- Form **mixture** into 10-12 1½-inch **meatballs** (20-24 for 4) and place on a **lightly oiled** baking sheet.
- Roast on top rack until browned and cooked through, 14-16 minutes.

 Swap in **organic beef*** for beef.



5 FINISH GRAVY

- Slowly whisk **1 cup water** (1½ cups for 4 servings) into pan with **onion**. Add **stock concentrates**, **cream cheese**, and **¼ tsp nutmeg** (½ tsp for 4); whisk until cream cheese melts and gravy has thickened, 3-5 minutes.
- Remove from heat and whisk in **remaining sour cream**. Taste and season with **salt** and **pepper**. **TIP: If gravy seems too thick, stir in a few splashes of reserved potato cooking liquid.**



3 CHAR PEAS

- Meanwhile, melt **1 TBSP butter** in a large pan over medium-high heat. Add **peas** and cook, undisturbed, until lightly browned, 2-3 minutes.
- Stir peas. Cook, stirring occasionally, until lightly charred, 1-2 minutes more.
- Turn off heat; transfer to a plate. Wipe out pan.



6 FINISH & SERVE

- Add **meatballs** to pan with **gravy**; toss to coat.
- Divide **mashed potatoes** and meatballs and gravy between bowls. Top meatballs with **peas** and serve.